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# SPALDING'S

ATHLETIC LIBRARY

Auxiliary Series

*Official Handbook*

GIRLS' BRANCH  
*of the*  
PUBLIC SCHOOLS  
ATHLETIC LEAGUE



1909-10

*Edited by*

C. WARD CRAMPTON, M.D.

COMPILED BY ETHEL TULLY

AMERICAN SPORTS PUBLISHING CO.

21 Warren Street, New York



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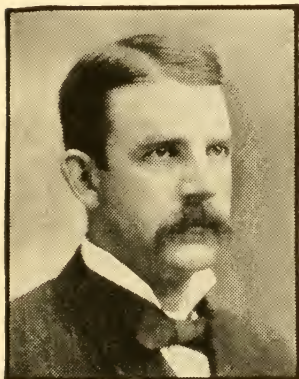


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# Spalding's Athletic Library



A. G. SPALDING

Anticipating the present tendency of the American people toward a healthful method of living and enjoyment, Spalding's Athletic Library was established in 1892 for the purpose of encouraging athletics in every form, not only by publishing the official rules and records pertaining to the various pastimes, but also by instructing, until to-day Spalding's Athletic Library is unique in its own particular field and has been conceded the greatest educational series on athletic and physical training subjects that has ever been compiled.

The publication of a distinct series of books devoted to athletic sports and pastimes and designed to occupy the premier place in America in its class was an early idea of Mr. A. G. Spalding, who was one of the first in America to publish a handbook devoted to athletic sports, Spalding's Official Base Ball Guide being the initial

number, which was followed at intervals with other handbooks on the sports prominent in the '70s.

Spalding's Athletic Library has had the advice and counsel of Mr. A. G. Spalding in all of its undertakings, and particularly in all books devoted to the national game. This applies especially to Spalding's Official Base Ball Guide and Spalding's Official Base Ball Record, both of which receive the personal attention of Mr. A. G. Spalding, owing to his early connection with the game as the leading pitcher of the champion Boston and Chicago teams of 1872-76. His interest does not stop, however, with matters pertaining to base ball; there is not a sport that Mr. Spalding does not make it his business to become familiar with, and that the Library will always maintain its premier place, with Mr. Spalding's able counsel at hand, goes without saying.

The entire series since the issue of the first number has been under the direct personal supervision of Mr. James E. Sullivan, President of the American Sports Publishing Company, and the total series of consecutive numbers reach an aggregate of considerably over three hundred, included in which are many "annuals," that really constitute the history of their particular sport in America year by year, back copies of which are even now eagerly sought for, constituting as they do the really first authentic records of events and official rules that have ever been consecutively compiled.

When Spalding's Athletic Library was founded, seventeen years ago, track and field athletics were practically unknown outside the larger colleges and a few athletic clubs in the leading cities, which gave occasional meets, when an entry list of 250 competitors was a subject of comment; golf was known only by a comparatively few persons; lawn tennis had some vogue and base ball was practically the only established field

## EDITORS OF SPALDING'S ATHLETIC LIBRARY

sport, and that in a professional way; basket ball had just been invented; athletics for the schoolboy—and schoolgirl—were almost unknown, and an advocate of class contests in athletics in the schools could not get a hearing. To-day we find the greatest body of athletes in the world in the Public Schools Athletic League of Greater New York, which has had an entry list at its annual games of over two thousand, and in whose "elementary series" in base ball last year 106 schools competed for the trophy emblematic of the championship.

While Spalding's Athletic Library cannot claim that the rapid growth of athletics in this country is due to it solely, the fact cannot be denied that the books have had a great deal to do with its encouragement, by printing the official rules and instructions for playing the various games at a nominal price, within the reach of everyone, with the sole object that its series might be complete and the one place where a person could look with absolute certainty for the particular book in which he might be interested.

In selecting the editors and writers for the various books, the leading authority in his particular line has been obtained, with the result that no collection of books on athletic subjects can compare with Spalding's Athletic Library for the prominence of the various authors and their ability to present their subjects in a thorough and practical manner.

A short sketch of a few of those who have edited some of the leading numbers of Spalding's Athletic Library is given herewith:

### JAMES E. SULLIVAN



President American Sports Publishing Company; entered the publishing house of Frank Leslie in 1878, and has been connected continuously with the publishing business since then and also as athletic editor of various New York papers; was a competing athlete; one of the organizers of the Amateur Athletic Union of the United States; has been actively on its board of governors since its organization until the present time, and President for two successive terms; has attended every champion-

ship meeting in America since 1879 and has officiated in some capacity in connection with American amateur championships track and field games for nearly twenty-five years; assistant American director Olympic Games, Paris, 1900; director Pan-American Exposition athletic department, 1901; chief department physical culture Louisiana Purchase Exposition, St. Louis, 1904; secretary American Committee Olympic Games, at Athens, 1906; honorary director of Athletics at Jamestown Exposition, 1907; secretary American Committee Olympic Games, at London, 1908; member of the Pastime A. C., New York; honorary member Missouri A. C., St. Louis; honorary member Olympic A. C., San Francisco; ex-president Pastime A. C., New Jersey A. C., Knickerbocker A. C.; president Metropolitan Association of the A. A. U. for fifteen years; president Outdoor Recreation League; with Dr. Luther H. Gulick organized the Public Schools Athletic League of New York, and is now chairman of its games committee and member executive committee; was a pioneer in playground work and one of the organizers of the Outdoor Recreation League of New York; appointed by President Roosevelt as special commissioner to the Olympic Games at Athens, 1906, and decorated by King George I. of the Hellenes (Greece) for his services in connection with the Olympic Games; appointed special commissioner by President Roosevelt to the Olympic Games at London, 1908; appointed by Mayor McClellan, 1908, as member of the Board of Education of Greater New York.

**WALTER CAMP**



For quarter of a century Mr. Walter Camp of Yale has occupied a leading position in college athletics. It is immaterial what organization is suggested for college athletics, or for the betterment of conditions, insofar as college athletics is concerned, Mr. Camp has always played an important part in its conferences, and the great interest in and high plane of college sport to-day, are undoubtedly due more to Mr. Camp than to any other individual. Mr. Camp has probably written more on college

athletics than any other writer and the leading papers and magazines of America are always anxious to secure his expert opinion on foot ball, track and field athletics, base ball and rowing. Mr. Camp has grown up with Yale athletics and is a part of Yale's remarkable athletic system. While he has been designated as the "Father of Foot Ball," it is a well known fact that during his college career Mr. Camp was regarded as one of the best players that ever represented Yale on the base ball field, so when we hear of Walter Camp as a foot ball expert we must also remember his remarkable knowledge of the game of base ball, of which he is a great admirer. Mr. Camp has edited Spalding's Official Foot Ball Guide since it was first published, and also the Spalding Athletic Library book on How to Play Foot Ball. There is certainly no man in American college life better qualified to write for Spalding's Athletic Library than Mr. Camp.

**DR. LUTHER HALSEY GULICK**



The leading exponent of physical training in America; one who has worked hard to impress the value of physical training in the schools; when physical training was combined with education at the St. Louis Exposition in 1904 Dr. Gulick played an important part in that congress; he received several awards for his good work and had many honors conferred upon him; he is the author of a great many books on the subject; it was Dr. Gulick, who, acting on the suggestion of James E. Sullivan,

organized the Public Schools Athletic League of Greater New York, and was its first Secretary; Dr. Gulick was also for several years Director of Physical Training in the public schools of Greater New York, resigning the position to assume the Presidency of the Playground Association of America. Dr. Gulick is an authority on all subjects pertaining to physical training and the study of the child.

**JOHN B. FOSTER**



Successor to the late Henry Chadwick ("Father of Base Ball") as editor of Spalding's Official Base Ball Guide; sporting editor of the New York Evening Telegram; has been in the newspaper business for many years and is recognized throughout America as a leading writer on the national game; a staunch supporter of organized base ball, his pen has always been used for the betterment of the game.





### **TIM MURNANE**

Base Ball editor of the Boston Globe and President of the New England League of Base Ball Clubs; one of the best known base ball men of the country; known from coast to coast; is a keen follower of the game and prominent in all its councils; nearly half a century ago was one of America's foremost players; knows the game thoroughly and writes from the point of view both of player and an official.



### **HARRY PHILIP BURCHELL**

Sporting editor of the New York Times; graduate of the University of Pennsylvania; editor of Spalding's Official Lawn Tennis Annual; is an authority on the game; follows the movements of the players minutely and understands not only tennis but all other subjects that can be classed as athletics; no one is better qualified to edit this book than Mr. Burchell.



### **GEORGE T. HEPBRON**

Former Young Men's Christian Association director; for many years an official of the Athletic League of Young Men's Christian Associations of North America; was connected with Dr. Luther H. Gulick in Young Men's Christian Association work for over twelve years; became identified with basket ball when it was in its infancy and has followed it since, being recognized as the leading exponent of the official rules; succeeded Dr. Gulick as editor of the Official Basket Ball

Guide and also editor of the Spalding Athletic Library book on How to Play Basket Ball.



### **JAMES S. MITCHEL**

Former champion weight thrower; holder of numerous records, and is the winner of more championships than any other individual in the history of sport; Mr. Mitchel is a close student of athletics and well qualified to write upon any topic connected with athletic sport; has been for years on the staff of the New York Sun.



**MICHAEL C. MURPHY**



University of Pennsylvania and Detroit Athletic Club; his most recent triumph was that of training the famous American team of athletes that swept the field at the Olympic Games of 1908 at London.

The world's most famous athletic trainer; the champion athletes that he has developed for track and field sports, foot ball and base ball fields, would run into thousands; he became famous when at Yale University and has been particularly successful in developing what might be termed championship teams; his rare good judgment has placed him in an enviable position in the athletic world; now with the University of Pennsylvania; during his career has trained only at two colleges and one athletic club, Yale and the

**DR. C. WARD CRAMPTON**



Succeeded Dr. Gulick as director of physical training in the schools of Greater New York; as secretary of the Public Schools Athletic League is at the head of the most remarkable organization of its kind in the world; is a practical athlete and gymnast himself, and has been for years connected with the physical training system in the schools of Greater New York, having had charge of the High School of Commerce.

**DR. GEORGE J. FISHER**



Has been connected with Y. M. C. A. work for many years as physical director at Cincinnati and Brooklyn, where he made such a high reputation as organizer that he was chosen to succeed Dr. Luther H. Gulick as Secretary of the Athletic League of Y. M. C. A.'s of North America, when the latter resigned to take charge of the physical training in the Public Schools of Greater New York.

**DR. GEORGE ORTON**



On athletics, college athletics, particularly track and field, foot ball, soccer foot ball, and training of the youth, it would be hard to find one better qualified than Dr. Orton; has had the necessary athletic experience and the ability to impart that experience intelligently to the youth of the land; for years was the American, British and Canadian champion runner.

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### **FREDERICK R. TOOMBS**

A well known authority on skating, rowing, boxing, racquets, and other athletic sports; was sporting editor of American Press Association, New York; dramatic editor; is a lawyer and has served several terms as a member of Assembly of the Legislature of the State of New York; has written several novels and historical works.



### **R. L. WELCH**

A resident of Chicago; the popularity of indoor base ball is chiefly due to his efforts; a player himself of no mean ability; a first-class organizer; he has followed the game of indoor base ball from its inception.



### **DR. HENRY S. ANDERSON**

Has been connected with Yale University for years and is a recognized authority on gymnastics; is admitted to be one of the leading authorities in America on gymnastic subjects; is the author of many books on physical training.



### **CHARLES M. DANIELS**

Just the man to write an authoritative book on swimming; the fastest swimmer the world has ever known; member New York Athletic Club swimming team and an Olympic champion at Athens in 1906 and London, 1908. In his book on Swimming, Champion Daniels describes just the methods one must use to become an expert swimmer.



### **GUSTAVE BOJUS**

Mr. Bojus is most thoroughly qualified to write intelligently on all subjects pertaining to gymnastics and athletics; in his day one of America's most famous amateur athletes; has competed successfully in gymnastics and many other sports for the New York Turn Verein; for twenty years he has been prominent in teaching gymnastics and athletics; was responsible for the famous gymnastic championship teams of Columbia University; now with the Jersey City high schools.

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### **CHARLES JACOBUS**

Admitted to be the "Father of Roque;" one of America's most expert players, winning the Olympic Championship at St. Louis in 1904; an ardent supporter of the game and follows it minutely, and much of the success of roque is due to his untiring efforts; certainly there is no one better qualified to write on this subject than Mr. Jacobus.



### **DR. E. B. WARMAN**

Well known as a physical training expert; was probably one of the first to enter the field and is the author of many books on the subject; lectures extensively each year all over the country.



### **W. J. CROMIE**

Now with the University of Pennsylvania; was formerly a Y. M. C. A. physical director; a keen student of all gymnastic matters; the author of many books on subjects pertaining to physical training.



### **G. M. MARTIN**

By profession a physical director of the Young Men's Christian Association; a close student of all things gymnastic, and games for the classes in the gymnasium or clubs.



### **PROF. SENAC**

A leader in the fencing world; has maintained a fencing school in New York for years and developed a great many champions; understands the science of fencing thoroughly and the benefits to be derived therefrom.

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The minors' own guide. Edited by President T. H. Murnane, of the New England League. Price 10 cents.

### No. 320—Official Handbook of the National League of Professional Base Ball Clubs.

Contains the Constitution, By-Laws, Official Rules, Averages, and schedule of the National League for the current year, together with list of club officers and reports of the annual meetings of the League. Price 10 cents.

### No. 321—Official Handbook National Playground Ball Association.

This game is specially adapted for playgrounds, parks, etc., is spreading rapidly. The book contains a description of the game, rules and officers. Price 10 cents.

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Edited by Walter Camp. Contains the new rules, with diagram of field; All-America teams as selected by the leading authorities; reviews of the game from various sections of the country; scores; pictures. Price 10 cents.

### No. 334—Code of the Foot Ball Rules.

This book is meant for the use of Officials, to help them to refresh their memories before a game and to afford them a quick means of ascertaining a point during a game. It also gives a ready means of finding a rule in the Official Rule Book, and is of great help to a player in studying the Rules. Compiled by C. W. Short, Harvard, 1908. Price 10 cents.

### No. 324—How to Play Foot Ball.

Edited by Walter Camp, of Yale. Everything that a beginner wants to know and many points that an expert will be glad to learn. Snapshots of leading teams and players in action, with comments by Walter Camp. Price 10 cents.

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How each position should be played, written by the best player in England in his respective position, and illustrated with full-page photographs of players in action. Price 10 cents.

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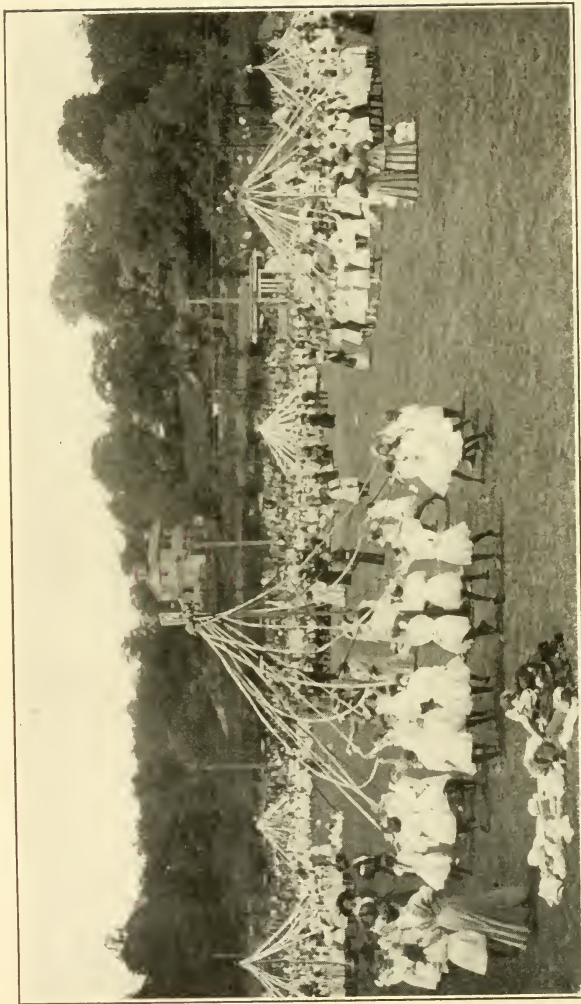
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THE MAY FESTIVAL OF MANHATTAN AND BRONX, MAY 29, 1909.**

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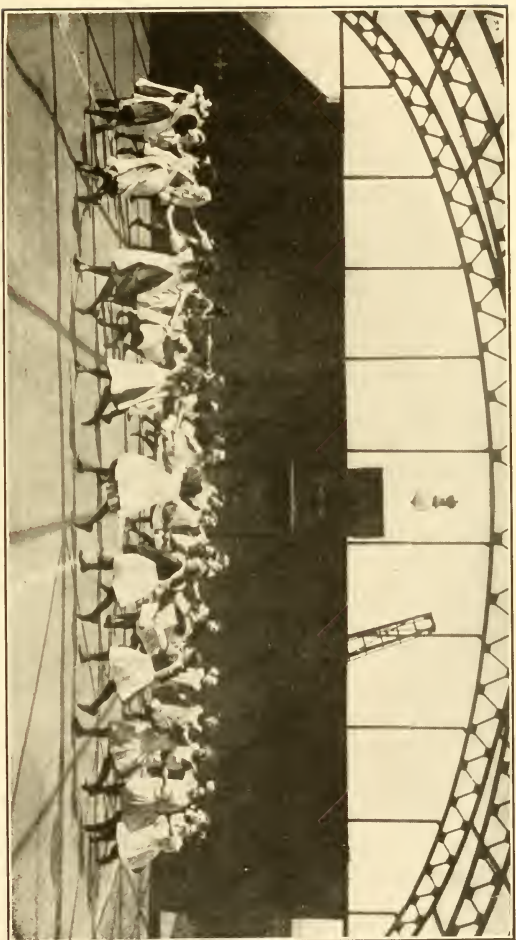
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Knox, Miss Margaret	Wood, Mrs. James Walter





THE ONLY PLAYGROUND OF THOUSANDS.



ROOF PLAYGROUND IN THE SAME DISTRICT.

## Our Purpose

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The great importance of athletics and physical exercise in the development of boys and young men is to-day unquestioned. They are just as essential in the development of girls and young women, and yet this need of the school girl has been comparatively untouched until within a very short time.

This city girl, particularly in the crowded districts, loses entirely the physical exercise which all country girls get, both in ordinary housework and in their play. The work of the Girls' Branch of the Public Schools Athletic League was started primarily with the idea of replacing this lost exercise with forms of exercise and recreation suited to the mass of city schoolgirls.

The street is a bad place for recreation for girls and yet for a large proportion of our public school girls it is the only place as yet available. For three years the Girls' Branch has been working to get school playgrounds opened after school hours in charge of competent teachers. At present it is furnishing in this way to thousands of girls the only opportunity for healthful, normal development.

Free classes are held for public school teachers, training them in folk dances and athletic games—and in return for these lessons the teachers pledge themselves to teach their clubs in the public schools for one hour a week, after school hours.

The teachers have in their classes many of the "little mothers" of the great East Side of New York, whose growth and development are stunted by drudgery and the care of younger brothers and sisters. We have found that it has brought a joy and pleasure into the lives of many of the "little mothers," and they become for an hour or so a week what they should be, "happy little children."

Its success as far as numbers go is indicated by the following figures:

In 1905-06—328 girls attended classes under 38 teachers in 9 schools.

In 1906-07—2,324 girls attended classes under 165 teachers in 59 schools.

In 1907-08—8,219 girls attended classes under 253 teachers in 128 schools.

In 1908-09—15,270 girls attended classes under 374 teachers in 265 schools.

## Our Policy

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The general principle followed by the Girls' Branch is to develop work within the school rather than competition between schools, to select events in which teams rather than individuals may compete, to conduct all athletic practice and all competitions in the school building or grounds after school hours, under the direction of teachers in the school, and to admit visitors to competitions or demonstrations on invitation only, at the discretion of the Principal, and with no charge for admission.

Three types of work have been approved:

*For Elementary Schools—*

Folk Dancing.

Class Athletics (for class rather than individual records).

*For High Schools—*

Folk Dancing.

Class Athletics.

Team Games (including basket ball played according to Spalding's Official Rules for Women).

Of these it has been found that more girls can dance in the same space than can engage in either the class athletics or team games; that one teacher can instruct more persons in dancing than either of the others, and that the amount of wholesome exercise and pleasure that the pupils get is greater in dancing than in the others. For this reason the Girls' Branch is particularly favorable to the use of dancing in after-school athletic practice and sanctions it as a regular event in interclass athletic competitions.

**TROPHIES.**—In order to encourage after-school practice in the events sanctioned, the Girls' Branch offers a limited number of perpetual interclass athletic trophies for schools whose principals desire such trophies and wish to hold annual or semi-annual interclass competitions according to the rules adopted to govern such contests.

**ATHLETIC PINS.**—The Girls' Branch now has its official League Pin, which is awarded to the individual members of the winning classes or teams in such competition. These pins are the gift of Mrs. Henry Siegel, one of the Directors of the League.

## Our Work and Its Results

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Our "policy" and "purpose" delineate the field of the Girls' Branch work. It is our endeavor to supply to each and every one of the 325,000 public school girls of the city a means of wholesome and joyous recreation and we are moving rapidly toward the realization of this end.

During the year six classes for teachers were instituted in different parts of the city, at which 374 teachers learned the work of the year under the instruction of Miss Elizabeth Burchenal and Miss Ellen H. Wilson. These represented 265 schools, 137 more than last year.

This year the number of girls attending our classes rose from 8,219 to 15,270.

These figures are an evidence of a rapid growth of the work, and the appreciation with which it is met in the schools by principals, teachers and scholars alike.

The most significant feature of the year's growth has been the increase in the number of schools having trophies and holding contests, which increased from 32 to 69. This means that 37 new trophies have been provided and 37 new schools have vigorously entered into the after-school work for girls.

One cannot imagine a more delightful and significant occasion than a school contest. Held toward the close of the year's work, teachers and the clubs alike are full of anticipation, and the event forms the center of interest in the school life for days before. The mothers, and often the fathers, are to be present; friends, little and big, are admitted, and the whole neighborhood is alert and interested.

Then the event itself! the dances so carefully learned and practiced are done as never before to the applause of all, even the adverse partisans; the athletic events are contested with an élan which would do credit to those much more mature. While the judges are deliberating on the merits won, other features of school work are shown, and the principal often addresses the gathering. The judges give their decision, and even the losers applaud generously, hiding their disappointment; the trophy is awarded to the winning class by the donor, who is the guest of honor, and each little dancer and athlete receives the token of victory—the Girls' Branch pin. A season of healthful, joyous endeavor is ended—and even now the next year is looked forward to.

The Girls' Branch work has come to form an integral part of the school life, making it more real and human, welding about the community, the home and the school one solid bond of loveliness.

As an instance of the strong grip that folk-dancing and athletics for our girls has taken upon the city population, a little girl not more than seven years of age, in an east side school, took part in a friendly competition of folk-dancing and athletics between her class and others of the school. She was the smallest tot of them all, and clad in her plaid skirt, the plaid of her Highland clan, danced the Highland Schottische with an abandon and enthusiasm which could not be equalled. The whole family was there to see her, and exult in her part of the competition. The Highland girl and the Highland dance won the day, and the little one and her mates of the triumphant class bore home the little trophies, the Winged Victory, which have been provided for such occasions through the generosity of Mrs. Henry Siegel.

Two days afterwards this little one was seen on the street with her three-year-old sister teaching her the steps of her national dance.

The women of the east side appear to be stolid, and it is no wonder, for their lives have been hard and wearisome beyond the ken of their more fortunate sisters. Yet the light that shines through their eyes, and the tears that roll down their cheeks when they see their children dancing the little Landlers and Comarinskaias that they danced in the heyday of their youth before the cottage doors of Germany and Russia, makes any effort on the part of the city or any body of devoted men and women a thousand times worth while. Their appreciation is beyond words, and it means that America has crept close into their hearts when America provides for their children the songs and dances of their own native land. Perhaps if an American were transported to Borneo he would not be less thrilled by the strains of "Dixie."

It is pleasing to note that the disinterested effort of the teachers who spend their afternoons in the furtherance of this work in their own schools has received substantial official recognition. Many of these teachers are looking forward to positions higher than their own, such as principal and assistant to principal, and the Board of Examiners has agreed to take into consideration the fact and character of their service, deeming it an evidence and an earnest of an ability which is of value to the school in an important position.

During the year there have been held one demonstration of the work and two spring festivals, the former at the Stuyvesant



High School and the latter at Van Cortlandt Park and on the Prospect Park parade grounds.

The demonstration held on March 31, 1909, was designed to show to the members and patrons of the League the character of the work they were supporting, and for this purpose only those schools long in the work and conveniently located were invited.

The festival at Van Cortlandt Park was planned for the schools of Manhattan and Bronx for May 22d, but postponed till May 29th on account of rain. For this purpose the polo field was carefully prepared and forty-four May-poles erected. Never could there be a more inspiring sight than the 2,500 girls who attended, dancing their dances learned through the year on this bright Saturday morning. Many of the girls had never trod upon the green turf and were surprised to find that it was soft. There was a happy day, full of fun and glorious air and sunshine, and it seemed hard to return the children to the brick and asphalt of the lower streets.

For the first time a similar festival was planned for Brooklyn under the patronage of Miss Louisa Man Wingate, a director of the League. On Prospect Park the same scenes were repeated, even more enthusiastically than at Van Cortlandt. It seemed very much worth while not only for the occasion itself, but for all that lay underneath the surface.

Yet these two festivals of folk-dancing did not demonstrate the results of the Girls' Branch work so truly as did the several Saturdays when tens of thousands of children made up their own May parties and betook themselves to the city's parks. There were folk-dances here, there and everywhere, with and without music, complete to the last detail, or little steps and fragments, done in all sorts of ways, although all like the original. It seems as if the folk-dance has come close to the heart of the New York girl and has given her a means and an opportunity of making evident and strengthening a latent ability for joyous development.

## PROGRAMME.

### DEMONSTRATION AT STUYVESANT HIGH SCHOOL.

March 31, 1909.

1. *Shuttle Relay Race* } .....P.S. Nos. 54, 119, Manhattan  
*All Up Relay Race* }
2. *Oxdans* } Tompkins Square Children's Aid Society School  
*Carousel* }
3. *Scotch Reel*.....P.S. Nos. 50, 131, Manhattan
4. *Highland Fling*.....P.S. Nos. 15, 62, 119, Manhattan

5. *Oxdans*.....P.S. No. 104, Manhattan
6. *Hungarian Solo*.....P.S. Nos. 15, 104, 119, 131, Manhattan
7. *Morris Dance*.....P.S. Nos. 50, 54, 62, Manhattan
8. *Tarantella*.....P.S. Nos. 54, 104, 119, 131, Manhattan
9. *Reap the Flax*.....P.S. No. 62, Manhattan
10. *I See You } P.S. Nos. 15, 50, 54, 62, 104, 119, 131, Manhattan*  
*Carousel }*

## SCHOOLS TAKING PART.

- P.S. No. 15—Principal, Margaret Knox. Teachers, Miss Hauf, Miss Bader, Miss Gilmartin, Miss Marvin.
- P.S. No. 50—Principal, Caroline Emanuel. Teachers, Miss Levy, Miss Beha, Miss Francis.
- P.S. No. 54—Principal, Margaretta Uihlein. Teachers, Miss Joseph, Miss Holly.
- P.S. No. 62—Principal, John S. Roberts. Teachers, Miss Krabs, Miss Koslik.
- P.S. No. 104—Principal, Mrs. Isabella Wright. Teachers, Miss Merritt, Miss Webber, Miss Simon.
- P.S. No. 119—Principal, Emma C. Schoonmaker. Teachers, Miss Mahew, Miss Schweizer.
- P.S. No. 131—Principal, Ellen M. Phillips. Teachers, Miss Helms, Miss Smith, Miss Quattlander.

## PROGRAMME.

## FESTIVALS OF FOLK DANCING.

Van Cortlandt Park and Prospect Park.

1. *Swedish Folk Dances and Song Plays*—
  - A—I see you (A Greeting)
  - B—Carousel (The Merry Go-Round)
  - C—Reap the Flax (Linen Weaving)
  - D—Oxdans (Students' Mock Fight)
2. *Running Races*—Shuttle Relay
3. *Dances of Great Britain*—
  - A—Highland Reel or Fling
  - B—Irish Jig or Lilt
  - C—English Morris Dance
4. *Hungarian National Dance*—Csárdas or Solo
5. *Italian National Dance*—Tarantella
6. *Winding of Fifty Maypoles to Celebrate the Coming of May, 1909.*
7. *"Star Spangled Banner."*

SCHOOLS TAKING PART IN THE SECOND FOLK DANCE FESTIVAL,  
MANHATTAN AND BRONX, VAN CORTLANDT PARK,  
MAY 29, 1909.

MANHATTAN.

Model School.....	Principal,	Emma Johnson
P. S. No. 1.....	"	Mary R. Davis
" 4.....	"	Lizzie E. Rector
" 10.....	"	Hester A. Roberts
" 12.....	"	Elsie S. Kornman
" 13.....	"	Helen A. Stein
" 15.....	"	Margaret Knox
" 19.....	"	James B. T. Demorest
" 21.....	"	John Doty
" 22.....	"	Carrie E. Krowl
" 27.....	"	Edward Zabriskie
" 31.....	"	Margaret F. O'Connell
" 36.....	"	Ellen T. O'Brien
" 46.....	"	William A. Boylan
" 50.....	"	Caroline Emanuel
" 62, Grammar.....		John S. Roberts
" 62, Girls.....		Harriet V. R. Field
" 65.....	Principal,	Elizabeth S. Harris
" 73.....	"	Katharine F. McCarthy
" 76.....	"	Mary A. Magovern
" 82.....	"	Henry Heidenis
" 92.....	"	Mrs. Annie E. Boyne
" 98.....	"	Elizabeth H. Hale
" 104.....	"	Mrs. Isabella F. Wright
" 107.....	"	Mrs. Harriet A. Tupper
" 119.....	"	Emma C. Schoonmaker
" 121.....	"	Teresa C. Burke
" 127.....	"	Clara American
" 131.....	"	Ellen M. Phillips
" 141.....	"	Kate A. Walsh
" 150.....	"	Alice Jackson
" 158.....	"	Bayard W. Purcell
" 170.....	"	Isabella Sullivan
" 177.....	"	Mary L. Brady
" 183.....	"	Anna J. Farley
" 188.....	"	Mary F. McAleer
" 190.....	"	Sarah Goldie

## BRONX.

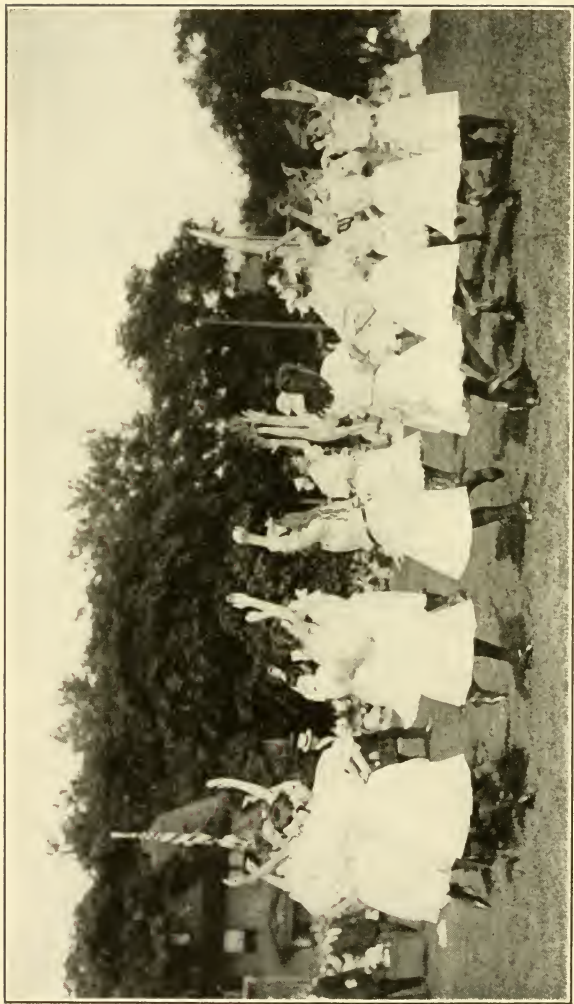
P. S. No.	4.....	Principal, Angela Patrie
"	6.....	" Plowden Stevens, Jr.
"	20.....	" Mary A. Curtis
"	25.....	" Frank A. Young
"	33.....	" Hugo Newman
"	34.....	" William Storey
"	35.....	" Ellen C. Gilbert
"	36.....	" Morgan Washburn
"	38.....	" Ellen Murray
"	39.....	" Emilie J. Lichtenstein
"	40.....	" William Flaherty

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SCHOOLS TAKING PART IN THE FIRST ANNUAL BROOKLYN  
BOROUGH FESTIVAL, JUNE 8, 1909.

## BROOKLYN.

Model School .....	Principal, Emma Johnston
P. S. No. 7 .....	" Edith Horton
" 27 .....	" Edwin Uline
" 48 .....	" Mary J. C. O'Neil
" 53 .....	" Alice E. B. Ritter
" 56 .....	" Winifred T. Cullen
" 66 .....	" Kathleen M. Cullen
" 74 .....	" Chas. E. Springmeyer
" 88 .....	" Augusta Beck
" 92 .....	" Louise Castle
" 126 .....	" Joseph A. Haniphy
" 127 .....	" John J. Malarkey
" 141 .....	" Anna M. Olsson
" 143 .....	" Carrie Ikelheimer
" 147, Girls .....	" Marie L. Bayer



**FIRST BROOKLYN BOROUGH GIRLS' BRANCH FESTIVAL,**  
Prospect Park Parade Ground, June 8, 1909.

# Exhibitions of Folk Dancing and Athletic Competitions

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## RECOMMENDATIONS OF THE GIRLS' BRANCH OF THE PUBLIC SCHOOLS ATHLETIC LEAGUE.

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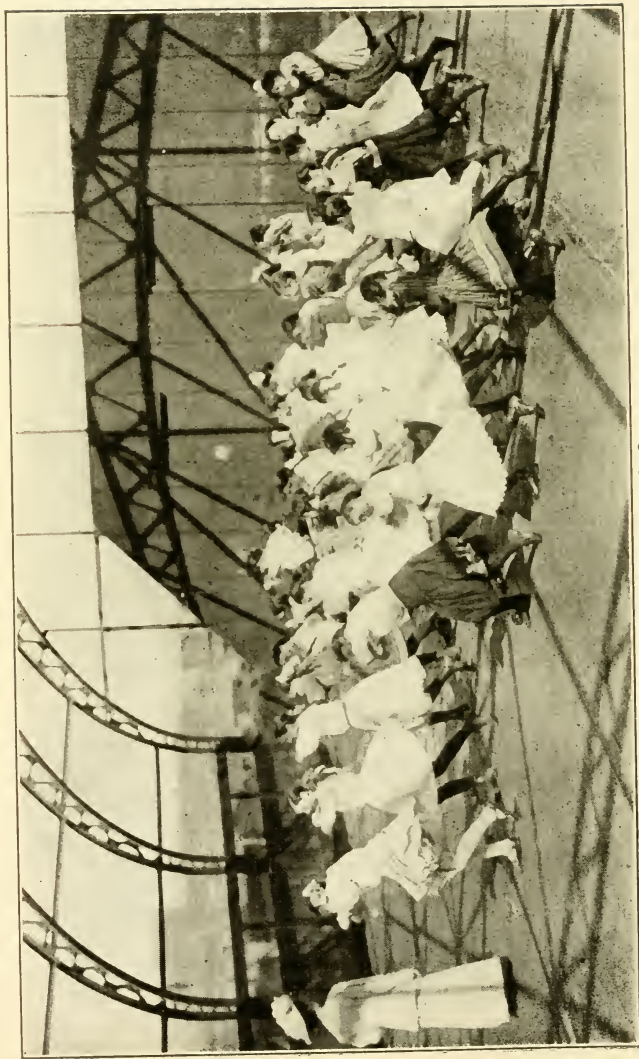
In the development of the good which we see in the physical exercise for girls, including folk dancing and athletics, we recognize that there are certain real dangers, and our problem is to secure the good results without fostering the evil possibilities. We believe that the danger may be avoided at least in a great measure by the following steps:

1. By having the folk dancing for school and social purposes only. It does not seem to us wise to cultivate in the girls the idea that they can make money by exhibiting their dancing. We do think that the exhibition of the folk dancing at the schools at the parents' meetings, at meetings where the friends of the girls are invited at school functions, to be not only desirable but useful; but we feel so strongly that when such exhibitions form part of pay entertainments, the idea of the stage is introduced and becomes sufficiently prominent to make us see that it would be better to eliminate these dances entirely, rather than cultivate this idea.

2. By having the work of such nature that it can be done by large classes, for the exhibition of one or even a few girls in special work, leans in the same way toward the stage. We feel strongly that this idea should not be the trend of our work.

3. In the folk dances the use of the national costumes of the country from which the dance is taken adds to its beauty, but we believe it would be better that such costumes should not be used. If paid for by the girls themselves they would introduce a social class distinction between those who could afford to buy them and those who could not, which would be unfortunate; if paid for by the teachers they would make a further demand on their resources, which we think would be equally unfortunate and which is far from our wish. The chief artistic element in the costume is that of unity, giving to all the members of a class that impression of homogeneity which is one of the basal principles of art. This can be accomplished by the use of some simple decoration, such as a uniform colored ribbon in the hair, a sash, a scarf or the like, which might be of cheesecloth or





HUNGARIAN SOLO,  
Public School 13.

some other inexpensive material, so as not to be a burden of expense to any girl.

The use of the costumes also tends to make the folk dancing more of an exhibition than what it really is—a form of physical exercise. Whenever possible it is desirable that the girls wear bloomers and suitable shoes which allow greater freedom in exercising.

4. From the first we have clearly realized and tried to guard against that notoriety which is one of the serious dangers of athletics. We believe firmly in wholesome exercise and in a reasonable degree of competition, but wish to avoid that notoriety which would be inevitably attendant upon inter-school games. We believe that all the exercise of spirit of competition that are desirable can be secured by games between teams within the classes and between the classes within the same school. Therefore, we deplore all competition of basket ball and other games of a similar nature between teams from separate schools, but this of course would not interfere in any way with the meeting together for social purposes and in the participation in friendly sport of pupils from different schools when under the auspices of their own teachers or parents.

*Signed:*

	{ Catharine S. Leverich, Pres.
	{ Grace H. Dodge.
	{ Martha Lincoln Draper.
	{ Laura Drake Gill.
	{ Annie W. S. Low.
	{ Kathryn Mackay.
Committee on Recommendations.	{ Fannie Griscom Parsons,
	{ Caroline S. Spencer.
	{ Ellin P. Speyer.
	{ Edith M. Phelps-Stokes.
	{ Emmeline Winthrop.
	{ Jessie H. Bancroft.
	{ Julia Richman.

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BOARD OF EDUCATION.

Park Avenue and Fifty-ninth Street.

NEW YORK, May 9, 1907.

MISS CATHARINE S. LEVERICH,

President, Girls' Branch, Public Schools Athletic League.

*Dear Madam:—*

While I have been greatly interested in the work of the Girls' Branch of the Public Schools Athletic League, I have been afraid

that there might be danger in some cases of the instructions in folk dancing resulting in directing the attention of the children to performing in public and to stage dancing.

The recommendations of the Girls' Branch, which I have just read, seems to me therefore most judicious, and I trust will be generally followed.

Very truly yours,

EGERTON L. WINTHROP, JR.,

President Board of Education.

DEPARTMENT OF EDUCATION, THE CITY OF NEW YORK.

OFFICE OF THE CITY SUPERINTENDENT OF SCHOOLS.

500 Park Avenue.

MAY 20, 1907.

MISS CATHARINE S. LEVERICH,

President, Girls' Branch, Public Schools Athletic League.

*Dear Madam:—*

I have read with care the suggestion it is proposed to send under the auspices of the Public Schools Athletic League to Principals of schools with regard to exhibitions in folk dancing.

I most heartily endorse every recommendation made in this communication. The communication is returned.

Very truly yours,

WILLIAM H. MAXWELL,

City Superintendent.

PUBLIC SCHOOLS ATHLETIC LEAGUE OF THE CITY OF NEW YORK.

20 Nassau Street.

NEW YORK, May 15, 1907.

MISS CATHARINE S. LEVERICH,

500 Park Avenue, New York City.

*My dear Miss Leverich:—*

I have carefully considered the recommendations of the Girls' Branch of the Public Schools Athletic League which you forwarded to me in your letter of the 14th inst.

In a matter of this kind I should allow my judgment to be controlled by that of ladies such as those which compose your

Executive Committee, as I think they are more competent than any man can be to determine what is best for the girls. The suggestion of your committee that costumes should not be used, except some simple decoration to secure uniformity; that exhibition should not be given in large classes, and that the exhibition should be made as a form of physical exercise, rather than an exhibition of dancing, has my decided approval.

Very truly yours,

GEORGE W. WINGATE,  
President Public Schools Athletic League.

## Free Classes for Teachers

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In order to provide instruction in the events sanctioned for interclass competitions, the Girls' Branch offers a course in dancing and athletics, free of expense, to public school teachers who will in return give one lesson per week after school to athletic clubs organized in their own schools. It will be necessary to have at least two teachers from each of the schools represented—one who can play the piano and one who can demonstrate—and not more than four. These classes for teachers will reopen in October, 1909, and inquiries or applications for membership may be addressed to C. Ward Crampton, secretary, 500 Park Avenue.

# Constitution and By-Laws

## ARTICLE I.

### OBJECT.

SECTION 1. The particular object for which the Branch is formed is to devise and promote athletics for girls which will make for health, stamina and grace in the elementary, high and collegiate departments of public educational institutions of the City of New York. It is also the purpose of this Branch to co-operate with and support the Public Schools Athletic League.

## ARTICLE II.

### MEMBERSHIP.

SECTION 1. Membership shall consist of Annual, Life and Honorary Members, and of Patrons, Donors and Founders.

SEC. 2. Any person may become an Annual Member upon payment of \$10 per year.

SEC. 3. Any Principal or teacher of the public schools by paying \$3 may become an Annual Member.

SEC. 4. Any person by paying \$100 in one sum may become a Life Member.

SEC. 5. Any person by paying \$250 in one sum may become a Patron.

SEC. 6. Any person by paying \$500 in one sum may become a Donor.

SEC. 7. Any person by paying \$1,000 in one sum may become a Founder.

SEC. 8. Honorary officers and members may be elected.

SEC. 9. Membership confers upon a member no ownership in any property of the Girls' Branch.

## ARTICLE III.

### DIRECTORS.

SECTION 1. A Board of Directors, consisting of not more than forty-eight members, shall have control and management of the affairs of the Branch. Seven directors shall constitute a quorum.

SEC. 2. The directors shall be divided by lot into three classes: the first shall hold their office for three years, the second for two, and the third for one.

SEC. 3. The directors shall have power to fill vacancies which may occur in their body from time to time until the next annual election.

SEC. 4. At each annual meeting, the offices of the directors whose terms then expire, and also all vacancies, shall be filled by election by the members.



## ARTICLE IV.

## MEETINGS.

SECTION 1. The annual meeting of the Branch for the election of directors, and for such other matters as may properly come before it, shall be once a year. Election shall be by majority vote upon names submitted by a nominating committee appointed by the president, these nominations to appear in full in the notice of the annual meeting.

SEC. 2. At any meeting of the Branch, seven members shall constitute a quorum.

## ARTICLE V.

## OFFICERS.

SECTION 1. The officers of the Branch shall consist of a president, five vice-presidents, treasurer and secretary. The offices of secretary and treasurer may be held by one person. All officers, except the assistant secretary, may be directors.

SEC. 2. The officers of the Branch shall be annually elected at the annual meeting of the Branch. They shall hold office at the pleasure of the directors and until others are elected in their places.

SEC. 3. The president shall perform the usual duties of the office and shall preside at all meetings of the directors and the Girls' Branch.

SEC. 4. In the absence of the president, or in case of her inability to act, one of the vice-presidents shall discharge her duties. Should all five be absent from any meeting, the directors or members present shall choose one of their members to act as chairman who will perform all the duties of the president for the time being.

SEC. 5. The secretary shall attend the meetings of the Branch, of the directors, and of the Executive Committee, and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by any director. She shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of the secretary. She shall have the custody of all the papers relating to the affairs of the Girls' Branch.

SEC. 6. The treasurer shall be the custodian of all the moneys and securities of the Branch. She shall collect and disburse all its moneys, keep account of its transactions, and make a report of the financial condition of the Branch in writing at its annual meeting, and to the Board of Directors at any such time as it may require. She shall pay no claims against the Branch exceeding \$25, unless the expenditure has previously been authorized

by the president, directors or Executive Committee. She shall deposit all moneys belonging to the Branch to its credit in an account to be opened in its name, and keep in a bank to be designated by the directors.

SEC. 7. The directors may at any time require the treasurer to give security in such amount as they shall deem proper.

## ARTICLE VI.

### COMMITTEE.

SECTION 1. There shall be an Executive Committee, composed of the president, treasurer, secretary and three directors or more, appointed annually by the president, which shall have all powers of the Board of Directors when not in session. This committee shall meet and transact business at the time specified for any meeting of the Board without further or other notice, and shall also meet at the call of the president. Three of this committee shall constitute a quorum.

SEC. 2. The president may appoint a Games Committee to consist of three directors which shall have all charge of all games authorized by the Branch. Such committee may associate with itself persons who are not directors.

SEC. 3. The president shall appoint a Finance Committee, consisting of five directors, which shall devise and report ways and means for the support of the Branch subject to the approval of the Board.

SEC. 4. There shall be such other committees as shall be authorized by the directors. The members thereof shall be appointed by the president unless otherwise prescribed by the directors.

## ARTICLE VII.

### NOTICES.

SECTION 1. All notices to members, and also all notices to officers and directors, shall be sufficiently served if mailed to them at the last address given by them to the secretary and treasurer respectively.

## ARTICLE VIII.

### AMENDMENTS.

SECTION 1. These By-Laws may be changed or amended by the unanimous vote or written consent of all the directors without previous notice at any meeting of the Board. Also by a vote of two-thirds of all the directors at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each director at least five days before the meeting.



ELEMENTARY SCHOOLS TROPHY.

# **Rules Governing Elementary School Inter-Class Athletic Competitions for Trophies Offered by the Girls' Branch of the Public Schools Athletic League**

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## **ELIGIBILITY.**

For admission to after-school athletic practice every girl must be satisfactory to her Principal in effort, deportment and proficiency.

In order to take part in an interclass competition every girl must have attended school for one month, and must have received a mark of at least "B" for the month previous in proficiency, and "A" in effort and deportment.

## **OFFICIALS.**

Competitions shall be under the direction of the teachers who have attended the teachers' classes of the League, and shall be judged by three judges appointed by the Girls' Branch. These judges shall be from outside the school in which the competition occurs, but the first or chief judge may appoint assistants as needed, from the school or elsewhere.

## **EVENTS.**

Competitions shall include the following events: Dancing, with any three of the following games: Shuttle Relay, Pass Ball Relay, All-Up Relay, Potato Shuttle Relay, and Throwing the Basket Ball for Distance, or other events officially sanctioned by the Public Schools Athletic League.

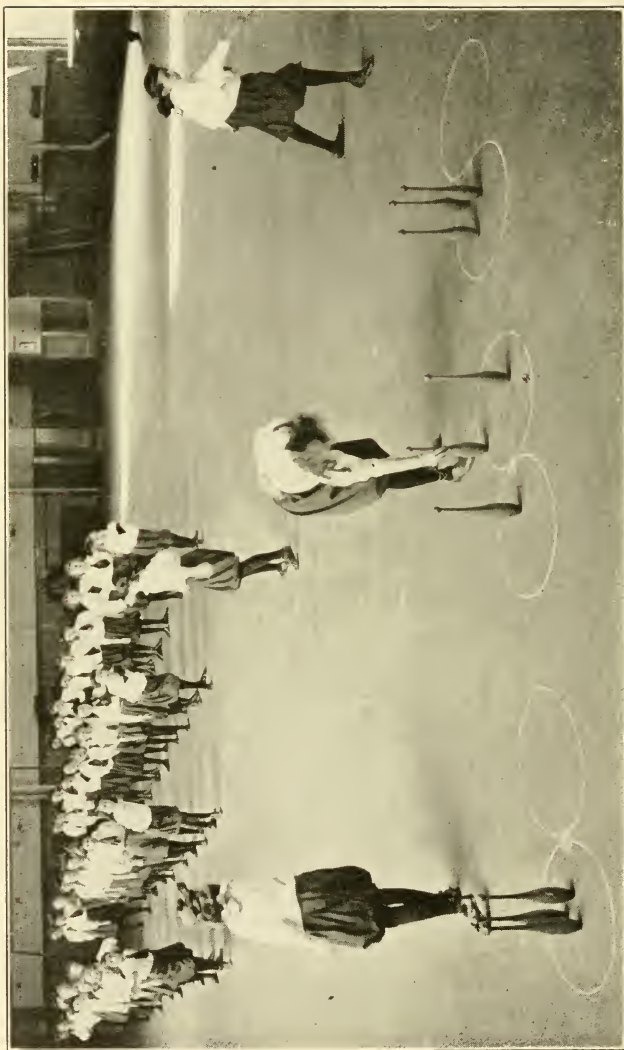
## **THE CONDUCT OF CLUBS AND MEETS.**

As the object of the League is to afford distinctive exercises, it is expected that the dances used shall be those taught in the League classes for teachers, and not those from the school course of study. Course of study dances given by regular school classes shall not be used in competition for League trophies.

Both games and dances shall be used at every meeting of the clubs so that the training may be as general as possible.

The following suggestions will aid in the conduct of meets:

Each club shall compete in all of the events; that is, in dancing (separate dances, and also all clubs in one dance), and in athletic events.



ALL UP RELAY RACE.

Programmes for the meets will be more interesting to the spectators if the dances and games be alternated or scattered throughout the programme. It adds much to the interest of the occasion to diversify the programme with a little singing or one or two of the other forms of physical training from the regular school work, though of course such numbers may not enter into the competition.

Meets shall begin not earlier than 3.30.

Each event must be a club event. There will be no individual events.

### DANCING.

Each competing club shall appear in at least two dances, having, beside its own particular dance, another which all clubs have in common. After each club has given its own dance or dances, all clubs shall give the common dance together, so that the merit of their dancing may be compared. There need not be an equal number of girls in each class for the dancing as is required for the games. The scoring for dancing shall be as follows:

1. Memory .....Possible 10 points
2. Form and grace.....Possible 10 points
3. Spirit .....Possible 10 points

This makes a maximum of 60 points which it is possible for a class to win in its two dances. First, second and third places will be awarded for the total dancing score, and the points so won (5, 3, or 1), will be added to the total number of points gained from the athletic events, to determine the winning class.

No special costume other than a gymnasium suit shall be used. The element of unity may be supplied by uniform colored ribbon in the hair, a sash or chest band, or the like, of some inexpensive material, so as not to be a burden of expense to any girl.

### RELAYS.

In all relays there shall be an equal number in the competing teams. The start is given by three signals:

1. "On your mark!" (One foot forward on the starting line.)
2. "Get ready!" (Poise forward.)
3. "Go!"

It is desirable that each entire club should run as one team. In the Shuttle and All-Up Relays, if the number be very large each class may run a trial heat to pick its quickest team to represent the class in the final race. In these two events, the "touching off" shall be done with the hands, and each girl shall stand till touched. If any girl crosses the starting line before





ELEMENTARY AND HIGH SCHOOLS TROPHIES.

being touched her team shall be counted out of the race unless the other competing teams shall have made an equal or greater number of fouls, in which case first, second and third places shall be awarded in the order of finishing plus consideration of the smallest number of fouls; that is, a team finishing third with no fouls would win over a team finishing first with three fouls, or second with two fouls.

At the discretion of the chief judge a race may be run a second time.

### SHUTTLE RELAY.

In the Shuttle Relay each competing team shall be divided in two equal parts, which shall line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space. When the competing teams are arranged in this way the start shall be made at the usual signal by No. 1 of each team, who shall run forward and touch off No. 2 at the opposite end. No. 2 shall run forward to touch off No. 3, and so on until all have been touched off, when the last girl shall dash forward over the finish line. Each girl, after touching off the next one, will have finished her part of the race, and shall quickly leave the running space and remain out of the way of the remaining runners. She shall not line up again with the runners.

### PASS BALL RELAY.

The competing teams shall line up side by side back of the finish line, each team in a single file. At the signal "On your mark!" No. 1 of each team shall toe the mark with both feet, and the rest of the team shall close up forward as far as possible without touching, at the same time straightening the line. At the signal "Get ready!" No. 1 shall raise the ball overhead and all of the other players shall raise their hands. The ball shall not be touched by any other girl until the word "Go!" when it shall be passed backward from hand to hand overhead as rapidly as possible. Should the ball be dropped before reaching the end of the line, the girl immediately back of the last girl who touched the ball shall leave the line, pick up the ball, return and start it back from the point where it left the line. When it reaches the last girl it shall be carried forward by her around a given mark at the opposite end of the running space and handed, not thrown, to the girl at the end of the team, who shall pass it back as before. The girl who has just run shall place herself at the head of the team, toeing the mark. Playing shall be continued until the girl who was originally No. 1 shall be at the end of the team. When the ball reaches her she



"REAP THE FLAX." PUBLIC SCHOOL NO. 62, MANHATTAN.

Van Cortlandt Park, May 29, 1909.

In this dance the flax is cut down, stacked, huddled, corded and finally twisted into a single thread. The photograph shows the thread just formed—of girls. Photo by Pictorial News Co.

shall run forward around the given mark, as did the others, and finish in a dash over the finish line.

The finish line shall be a tape (strand of worsted) stretched parallel to the starting line and three feet back of the rear of the files. Should the space not admit of this the starting line may be used as a finish line. The last runner in each team shall be plainly marked with a sash diagonally across the breast, to aid the judges in distinguishing her from the other runners.

### ALL-UP RELAY.

The team shall line up as in Pass Ball. Opposite each team at the end of the running space shall be two circles, three feet in diameter, side by side and tangent to each other. In one of these shall stand three Indian clubs. The start shall be made by No. 1 of each team, who shall run forward and using one hand only, shall place the clubs, one at a time, so that they shall stand in the other circle. When this is done, she shall call "All-Up!" and running back, touch off the girl standing first in the line. Should clubs fall after a player has left them she shall return and set them up again before touching off the next runner. The player who has just run, having completed her part of the race, shall leave the running space and not line up again with the runners. This play shall be repeated by each girl in the team until all have been touched off, when the last girl, after changing the clubs as did the others, shall finish in a dash over the line. The use of more than one hand in changing the clubs shall constitute a foul.

### BASKET BALL THROW.

In this event it is not necessary to have an even number of girls in the competing teams as a class average may be taken.

The girls of each team shall throw in rapid succession, each girl having but one trial, unless the ball strike some obstacle before touching the ground, when another trial shall be allowed.

A six-foot circle not a semi-circle, with a heavy line across its center, shall be drawn at one end of the throwing space. The thrower toes this line and in completing her throw shall not fall or step forward out of the circle in front of her. If this shall be done, her throw shall not be recorded. It will, however, count against the team in estimating the average.

The throwing space shall be divided by three cross lines measuring from the front of the circle as follows:

12 feet, 18 feet, 27 feet (for girls below the 7th year).

15 feet, 21 feet, 31 feet (for the 7th and 8th-year girls).

For each throw to the 15 feet (12 feet) or any point between it and the next line, a class scores 1 point; to the 21 feet (18 feet), or between it and the next, 3 points; to the 31 feet (27 feet), or beyond, 5 points.

The club averaging (if the numbers are not even) or adding the largest score shall win first place in the event. With many clubs competing it is well to have at least two clubs throwing at once so that time may be saved.

### POTATO SHUTTLE RELAY.

In this event the competing teams shall be arranged as for the Shuttle Relay. Four spots shall be clearly marked two yards apart on a direct line in front of each team. The starting line at either end shall be two yards back of the first and fourth spots respectively.

On the first spot shall be placed a receptacle (which shall be either a pail, basket, box, or can, not over 24 inches in circumference at the opening), which shall contain three potatoes.

No. 1 of each competing team shall start from the line back of the receptacle, and after placing the potatoes one at a time on the three remaining spots, touch off No. 2, who starting from the line back of the fourth spot, shall replace the potatoes one at a time in the receptacle, and then touch off No. 3. She shall then at once leave the running space, not again lining up with the team. The race shall continue as in the Shuttle Relay, with the difference that the runners alternately place and pick up the potatoes. The finish shall be the starting line back of the receptacle, and shall be crossed by the last runner in each team, after her last potato has been replaced.

Should a runner drop a potato she shall replace it in the receptacle before touching another potato; otherwise her team shall be disqualified.

## **Rules Governing High School Inter-Class Athletic Championships for Trophies Offered by the Girls' Branch of the Public Schools Athletic League**

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### ELIGIBILITY.

Every girl taking part in any event of this League must be in good standing both in deportment and in scholarship, including work in physical training.

No entry shall be accepted unless approved by the Principal.

No entry shall be accepted without a physician's certificate of physical fitness, or on the personal responsibility of the instructor in charge of the games.

No girl who plays basket ball or takes part in athletic competitions outside of school unless under the auspices of the Girls' Branch of the Public Schools Athletic League, shall be eligible to represent her class.

No girl who has represented any outside organization or taken part in any interschool competition shall be eligible to compete in any event of this League, until twenty school weeks have elapsed from the time of such competition.

Girls taking part in any unsanctioned events render themselves liable to suspension.

### INTERCLASS BASKET BALL.

High School Basket Ball Championships shall be decided within the several schools by series of games, whereby each class shall play every other class entered in the School Championships.

Spalding's Official Rules for Women shall govern contests.

All games shall be under the direction of an instructor (preferably physical training instructor) appointed by the Principal.

This instructor shall also represent the school in the High School Basket Ball Committee of the Girl's Branch.

Each class shall give its list of players with two substitutes, signed by the Principal, to the instructor in charge of the games, who shall arrange the schedule.





THE HIGHLAND FLING.

Photo by Pictorial News Co.

The games shall be played in the school building or grounds except in case there be no suitable space. In this case another space may be secured, only on the consent and approval of the Principal.

Officials for the games shall be members of the Basket Ball Committee, or persons approved by the Committee and the Principal.

The ball to be used in all match games shall be Spalding's Official Basket Ball.

The Basket Ball Committee shall be composed of one instructor from each of the several high schools of the League, appointed by their Principals.

All questions should be referred to the Basket Ball Committee of the Girls' Branch of the Public Schools Athletic League, 500 Park Avenue.

# SCORE CARD

TO BE RETURNED TO C. WARD CRAMPTON, 500 PARK AVENUE

ATHLETIC CONTEST G. B. P. S. A. L. P. S. BORO. DATE

DANCES		MEMORY	FORM	SPIRIT	TOTAL	TOTAL	GAMES	YEAR	YEAR	YEAR	YEAR	POINTS ARE SCORED AS FOLLOWS:
YEAR	INDIVIDUAL						ALL UP RELAY					
	COMMON						SHUTTLE RELAY					
YEAR	INDIVIDUAL						POTATO RELAY					DANCING AND GAMES FIRST PLACE - 5 SECOND PLACE 3 THIRD PLACE - 1
	COMMON						PASS BALL RELAY					
YEAR	INDIVIDUAL						BALL THROW					
	COMMON						TOTAL					
YEAR	INDIVIDUAL						DANCING TOTAL					
	COMMON											
		YEAR		POINTS		TOTAL DANCES AND GAMES						SIGNATURES OF JUDGES:
FIRST PLACE												
SECOND PLACE												
THIRD PLACE												

## Trophies of the Girls' Branch

### HIGH SCHOOLS.

*Curtis High School.*—Bronze plaque, presented by Miss Margaret Stimpson. Perpetual trophy for interclass all-round athletics. Won by class of 1908, June 8, 1906. Won by class of 1908,\* June 10, 1907. Won by class of 1908,\* June 11, 1908. Won by class of 1909, June, 1909.

*Wadleigh Annex.*—Silver cup, presented by Mrs. James Speyer. Perpetual trophy for interclass all-round athletics. Won by class of 1908, June 7, 1906. Won by February class of 1910,\* June 16, 1907. Won by Section 3,\* February class of 1911, May 28, 1908.

*Wadleigh High School.*—Silver cup, presented by Mrs. James Speyer. Perpetual trophy for interclass basket ball. Won by June class of 1909,\* May 28, 1907. Won by June class of 1909, May 17, 1909.

*Newtown High School.*—Bronze plaque, presented by Miss Catherine Leverich. Perpetual trophy for interclass basket ball. Won by 2 B class,\* May 28, 1907. Won by Junior class,\* May 14, 1908. Won by Senior class,\* April 30, 1909.

*Jamaica High School.*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass basket ball. Won by 4 B class,\* November 22, 1908.

*Eastern District High School.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass basket ball. Won by June class of 1908, November 20, 1908. Won by 3 B class,\* May 7, 1909.

### ELEMENTARY SCHOOLS.

*Public School No. 7, Manhattan.*—Bronze plaque, presented by Mrs. James J. Storrow. Won by 3 B class,\* June 18, 1908. Won by fifth year class,\* June 11, 1909.

*Public School No. 9, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 7th year class,\* March 3, 1907. Won by 8th year class,\* June 2, 1908.

*Public School No. 10, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 6th year class,\* May 11, 1909.

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\* Awarded League Pins.

*Public School No. 12, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 4th year class,\* May 12, 1909.

*Public School No. 13, Manhattan.*—Bronze plaque, presented by Mrs. I. N. Phelps Stokes. Won by 8th year class,\* June 14, 1907. Won by 7th year class,\* June 12, 1908. Won by 7th year class,\* May 28, 1909.

*Public School No. 15, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 5th year class,\* June 12, 1907. Won by 6 B class,\* May 26, 1908. Won by 6th year class,\* January 27, 1909. Won by 6th year class,\* May 19, 1909.

*Public School No. 19, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 8th year class,\* May 27, 1909.

*Public School No. 23, Manhattan.*—Bronze plaque, presented by Miss Martha Lincoln Draper. Won by 8 B class,\* June 21, 1907. Won by 8 A class,\* June 15, 1908. Won by 7 B class,\* June 14, 1909.

*Public School No. 31, Manhattan.*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 6th year class,\* June 3, 1909.

*Public School No. 36, Manhattan.*—Bronze plaque, presented by Mrs. Tompkins McIlvaine. Won by 7th and 8th year classes,\* May 6, 1909.

*Public School No. 38, Manhattan.*—Bronze plaque, presented by Mrs. Walter Bliss.

*Public School No. 42, Manhattan.*—Bronze plaque, presented by Mrs. John Lapham.

*Public School No. 44, Manhattan.*—Bronze plaque, presented by Miss Catherine S. Leverich. Won by 8 A class,\* May 19, 1906. Won by 8 B class,\* May 27, 1908.

*Public School No. 46, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 6th year class,\* May 28, 1909.

*Public School No. 50, Manhattan.*—Bronze plaque, presented by Mrs. Charles Frederick Naething. Won by Winthrop League, 1908. Won by Bingham League, June 4, 1909.

*Public School No. 54, Manhattan.*—Bronze plaque, presented by Mrs. Robert Minturn. Won by 8th year class,\* May 27, 1907. Won by 8th year class,\* May 28, 1908. Won by 8th year class,\* March 4, 1909.

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\* Awarded League Pins.

*Public School No. 62, Manhattan (Girls).*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 5th year class,\* June 21, 1907. Won by 6th year class,\* May 22, 1908. Won by 6th year class,\* May 14, 1909.

*Public School No. 62, Manhattan (Grammar).*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 7 B class,\* June 7, 1906. Won by 8 B class,\* May 28, 1907. Won by 8 A class,\* June 10, 1908. Won by 8 A class,\* May 18, 1909.

*Public School No. 65, Manhattan.*—Bronze plaque, presented by Mrs. George Samler Davis. Won by 5th year class,\* May 19, 1909.

*Public School No. 73, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by Senior Team,\* May 14, 1909.

*Public School No. 76, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 5th year class,\* June 25, 1907.

*Model School, Manhattan.*—Cup presented by Mr. Frank Griffen. Won by Bingham League,\* June 9, 1909.

*Public School No. 82, Manhattan.*—Bronze plaque. Won by 4th year class,\* June 9, 1909.

*Public School No. 92, Manhattan.*—Bronze plaque, presented by Mrs. Felix Warburg. Won by 6th year class,\* June 20, 1907. Won by 6th year class,\* June 16, 1908. Won by 6th year class, June 4, 1909.

*Public School No. 94, Manhattan.*—Bronze plaque, presented by Mrs. J. W. Brannan. Won by 6th year class,\* June 1, 1909.

*Children's Aid School.*—Bronze plaque, presented by Mrs. John Magee.

*Public School No. 98, Manhattan.*—Bronze plaque, presented by Mrs. J. M. Ellsworth. Won by 6th year class,\* May 11, 1909.

*Public School No. 104, Manhattan.*—Bronze plaque, presented by Miss Nathalie Henderson. Won by Agather Gruber League,\* January 31, 1907. Won by Evangeline League,\* January 31, 1908. Won by 6th year class,\* February 4, 1909.

*Public School No. 105, Manhattan.*—Bronze plaque, presented by Mrs. Walter Bliss. Won by 3d year class,\* June 8, 1909.

*Public School No. 107, Manhattan.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by the Demorest Club,\* May 14, 1909.

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\* Awarded League Pins.



*Public School No. 110, Manhattan.*—Bronze plaque, presented by Mrs. William Delano. Won by 8th year class,\* May 5, 1909.

*Public School No. 119, Manhattan.*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 7 A class,\* June 7, 1907. Won by 8 A class,\* May 21, 1908. Won by 8 B class,\* February 19, 1909.

*Public School No. 131, Manhattan.*—Bronze plaque, presented by Mrs. William Barclay. Won by 4 A class,\* June 13, 1907. Won by 4 A class,\* June 4, 1908. Won by 4 A class,\* May 27, 1909.

*Public School No. 141, Manhattan.*—Bronze plaque, presented by Mrs. James J. Storrow. Won by 5 A class,\* June 19, 1908. Won by 5th year class,\* June 3, 1909.

*Public School No. 170, Manhattan.*—Bronze plaque, presented by Miss Mabel Clarke. Won by 6 A class, June 24, 1907. Won by 7th year class,\* May 28, 1908. Won by 7th year class,\* May 4, 1909.

*Public School No. 177, Manhattan.*—Bronze plaque, presented by Mrs. Arthur Trussell. Won by 5th year class,\* June 19, 1907. Won by 6th year class,\* June 8, 1908. Won by 3d year class,\* June 2, 1909.

*Public School No. 188, Manhattan.*—Bronze plaque, presented by Mrs. Clarence Mackay. Won by 8th year class,\* June 4, 1906. Won by 6th year class,\* June 11, 1907. Won by 8th year class,\* June 18, 1908.

*Public School No. 190, Manhattan.*—Bronze plaque, presented by Mrs. George T. Wilson. Won by 5th year class,\* June 10, 1907. Won by 6th year class,\* May 19, 1909.

*Public School No. 3, Bronx.*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 7th year team,\* June 16, 1908.

*Public School No. 4, Bronx.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 6th year class,\* May 7, 1909.

*Public School No. 6, Bronx.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by Team 1,\* May 27, 1909.

*Public School No. 9, Bronx.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 7th year class,\* May 14, 1907. Won by 8th year class,\* May 29, 1908.

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\* Awarded League Pins.

*Public School No. 10, Bronx.*—Bronze plaque, presented by Mrs. Victor Sorchan. Won by 7th year class,\* June 18, 1907. Won by 7th year class,\* June 5, 1908.

*Public School No. 13, Bronx.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by Team 1,\* June 15, 1908.

*Public School No. 20, Bronx.*—Bronze plaque, presented by the Junior League. Won by 8th year class,\* June 6, 1907. Won by 7th year class,\* May 14, 1909.

*Public School No. 25, Bronx.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 6th year class,\* June 4, 1907. Won by 8th year class,\* May 20, 1908. Won by 8th year class,\* May 6, 1909.

*Public School No. 30, Bronx.*—Bronze plaque, presented by Mrs. Victor Sorchan. Won by 6th year class,\* June 13, 1907. Won by 7 A class,\* June 12, 1908.

*Public School No. 31, Bronx.*—Bronze plaque. Won by 8th year class,\* June 4, 1909.

*Public School No. 32, Bronx.*—Bronze plaque, presented by Mrs. Felix Warburg. Won by 8th year class,\* June 19, 1907.

*Public School No. 34, Bronx.*—Bronze plaque. Won by Team 1,\* May 26, 1909.

*Public School No. 35, Bronx.*—Bronze plaque, presented by Mrs. Charles Farnesworth. Won by 8th year class,\* June 5, 1907. Won by Team 1,\* May 27, 1908. Won by Team 1,\* May 18, 1909.

*Public School No. 36, Bronx.*—Bronze plaque, presented by Miss Catherine Leverich. Won by 6th year class,\* June 10, 1907. Won by 8th year class,\* June 17, 1908. Won by 8th year class,\* May 17, 1909.

*Public School No. 36, Bronx (Primary).*—Bronze plaque. Won by the 5th year class,\* June 16, 1909.

*Public School No. 37, Bronx.*—Bronze plaque. Won by 7th year class,\* May 20, 1909.

*Public School No. 38, Bronx.*—Bronze plaque, presented by Mrs. Walter Bliss. Won by 5th year class,\* June 17, 1909.

*Public School No. 39, Bronx.*—Bronze plaque, presented by Mrs. Charles Rich (in memory of Miss Margaret Rich). Won by 7th year class,\* April 29, 1909.

*Public School No. 6, Brooklyn.*—Bronze plaque. Won by 5 B class,\* June 25, 1909.

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\* Awarded League Pins.

*Public School No. 7, Brooklyn.*—Bronze plaque, presented by Mrs. Frederick Wurster. Won by 6th year class,\* June 15, 1909.

*Public School No. 8, Brooklyn.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 6 A class,\* June 3, 1908. Won by 7th class,\* June 22, 1909.

*Public School No. 53, Brooklyn.*—Bronze plaque. Won by 5th year class,\* June 25, 1909.

*Public School No. 66, Brooklyn.*—Bronze plaque, presented by Mrs. William Fellows Morgan.

*Public School No. 72, Brooklyn.*—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Won by 6th year class,\* May 27, 1908. Won by 8th year class,\* May 19, 1909.

*Public School No. 92, Brooklyn.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by Senior Team,\* June 2, 1909.

*Public School No. 109, Brooklyn.*—Bronze plaque, presented by Mrs. James J. Storrow. Won by 8th year class,\* June 1, 1908.

*Public School No. 122, Brooklyn.*—Bronze plaque, presented by Mrs. John Lapham. Won by 8 B class,\* May 21, 1909.

*Public School No. 126, Brooklyn.*—Bronze plaque. Won by 8th year class,\* May 26, 1909.

*Public School No. 129, Brooklyn.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by 7th year class,\* May 11, 1909.

*Public School No. 141, Brooklyn.*—Bronze plaque, presented by Mrs. Elbridge Gerry Snow. Won by 8th year class,\* June 2, 1908.

*Public School No. 143, Brooklyn.*—Bronze plaque, presented by Mrs. William Curtis Demorest. Won by Team A,\* May 11, 1909.

*Public School No. 147, Brooklyn (Girls).* Bronze plaque, presented by Mr. William Delano. Won by Senior Team,\* May 4, 1909.

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\* Awarded League Pins.

# School-room Games

Edited by

JESSIE H. BANCROFT

NEW YORK CITY

## Introduction

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For recess on rainy days, when to go out-of-doors is impracticable; for recess on any day where schools are not provided with adequate playgrounds; and for use at any time when classes are dull and sluggish, the school-room game is a valuable resource for the teacher. A few minutes of brisk exercise to get the blood a-tingling and the lungs to working vigorously, is always good; and if at the same time the cobwebs may be swept from the brain with lively competition and hearty laughter, an advantage, equivalent to an hour's time may be gained for succeeding lessons, through intensified interest and the quickened working of the mind which result.

For such service this little collection of original class-room games is offered by the Girls' Branch of the Public Schools Athletic League in New York City. It has resulted from an effort to discover ways of securing more exercise to girls in a crowded city. The scarcity of class-room games that call for a large amount of activity, having been referred to at an early meeting of the League, Mrs. Henry Siegel offered a prize of fifty dollars for the best original game of this description. The competition, advertised to close in October, 1906, brought in about fifty games from various parts of the country, but only ten of these met sufficiently the stipulated conditions to be considered in the final tests. The conditions called for games that should be original, suitable for use in a class room having fixed seats and desks, capable of being played by fifty pupils at once, interesting to girls in the sixth year of the elementary school, and that should require a large amount of activity from all of the pupils. The best games submitted are here printed with permission of the authors, including the prize game, "Balloon Goal," devised by Mr. Max Liebgold of New York.

In offering these games for school-room use, the League does so with a firm belief in the necessity for securing to city children every possible opportunity for health-giving exercise; believing also that the laughter and happiness of childhood cannot be too carefully conserved for the well-being of body, mind and character, especially under the repressive influences of a city, that tend to force too soon upon its children the weight and gravity of life; and believing, lastly, in the positive educational value of play and games. One needs but to see a class of children on successive weeks of game playing to appreciate how markedly there is developed through such play, quickened powers of perception and reaction, judgment, courage, co-operation and much else of

permanent value to mind and character. That such exercise cannot accomplish much that is done in the gymnastic lesson is clearly recognized, but it is hoped that the material here offered will be a source of genuine helpfulness to teachers, and a positive means to greater health, development and happiness for the children.

JESSIE H. BANCROFT,  
Assistant Director of Physical Training,  
Public Schools, New York City.

Committee on Award for Mrs. Henry Siegel's  
prize for a class room game—

Miss Jessie H. Bancroft, Chairman.  
Miss Evangeline Whitney.  
Miss Julia Richman.

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## BALLOON GOAL

By Max Liebgold, New York City.

This game was awarded the prize offered by Mrs. Henry Siegel in the competition which elicited the games published in this pamphlet.

The game is played with two toy balloons, one red and one blue, which are struck with the open hand only. When the gas of the balloon is exhausted, the rubber bag may be refilled with the breath, when it will be found still to float sufficiently in the air for the purposes of the game.

The class is divided into two teams, preferably designated by colors corresponding to the balls, worn on the arm or otherwise. The teams are assigned by rows across the room from side to side, the first row of pupils belonging to the red team, the second to the blue, the third to the red, etc. Four goals are formed by stretching a tape diagonally across each of the four corners of the room about five feet from the floor, the goals in the diagonally opposite corners having the same colors, two of red and two of blue. The game consists in hitting the balloon with the open hand so that it will float down behind a goal tape, the red balloon scoring when it enters the red goals, and the blue balloon when it enters the blue goals. There are no goal guards, but it is the object of all players belonging to the red team to get the red balloon into the red goals, and of the blue team to keep it out. Similarly the object of the blue team is to get the blue balloon into the blue goals and for the red team to keep it out.

The game starts by the teacher putting the balloons into play by tossing them up in the center of the room, when each side immediately begins to play for them. It has been found that with two balloons and four goals, and the interference offered by fixed seats and desks, it is unnecessary to limit the players to any given area. This, however, may be done should play become rough.

A score keeper scores one for each team making a goal with its ball, but the game continues without interruption, the ball being at once put in play again by the teacher.

A fifteen-minute game should be divided into at least three periods, the teacher signaling for a rest at the end of each five minutes.

## BEND AND STRETCH RELAY

By Joseph Cermak, Chicago, Ill.

This game consists in a sideways passing of two bean bags and two dumbbells alternately. This amount of apparatus should be placed on the floor in the outer aisle beside each player in one of the outside rows, say that to the left of the pupils.

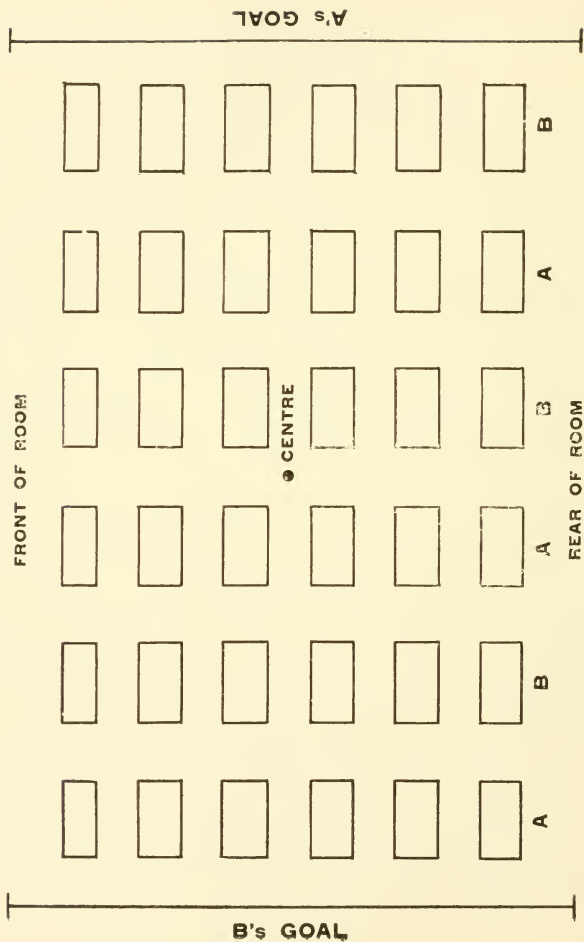
On the command "Go!" each girl in this first row picks up a dumbbell, raises it overhead and there passes it to her right hand, which is then extended sideways at a shoulder level, where the next girl takes it. They are then passed across the room in this manner each player stretching her arms high over head, when she passes the bell from her left to her right hand. The last girl who receives the bell places it on the floor beside her in the outer aisle.

As soon as the first girl has passed the first dumbbell, she picks up a bean bag by bending the trunk to the left, then straightens the trunk, passes the bag over her head to her own right hand and then bends deeply to the right and places the bean bag on the floor at her right side. She immediately straightens to an erect position, when the next girl bends, takes up the bag, passes it over her head and bends to place it on the floor at her right side.

As soon as she has disposed of the first bean bag the leader of each line reaches for the second dumbbell. This time the bell is passed simply from hand to hand in front of the body.

As soon as the second bell has left her hand the leader of each line picks up the second bean bag, which is the last of apparatus to be passed. The passing of the second bean bag is different from that of the first. The pupils face sideways to the left, their feet resting in the aisle and drop the bag behind them to the floor with both hands, at the same time bending slightly backward. The next girl bends forward, picks up the bag with both hands and then leans forward with her hands stretched high overhead and drops the bag in her turn in the aisle behind her. The line wins, whose last player first receives the second bean bag. Player in the last line receiving this bean bag should stand instantly and hold the bean bag high over head, the winning line being selected by this signal,

# DIAGRAM FOR BALLOON BALL.



## BALLOON BALL

By Henry J. Silverman, New York City.

Apparatus—Inflated balloon.

Two goals, each goal a string stretched on each side of the room from front to rear, at a height of six feet.

Players—Any number.

Two teams are seated in alternate rows. The A's represent the players on one team, the B's the players on the opposing team.

The balloon is thrown in the air in the center by the teacher, and the players of both teams strike it with the open hand.

Object—The players of team A try to bat the balloon over goal A; the players of team B try to send it over goal B.

Fouls—Fouls are called for the following:

A—Standing more than half way.

B—Leaving seat entirely.

C—Raising desk (if movable).

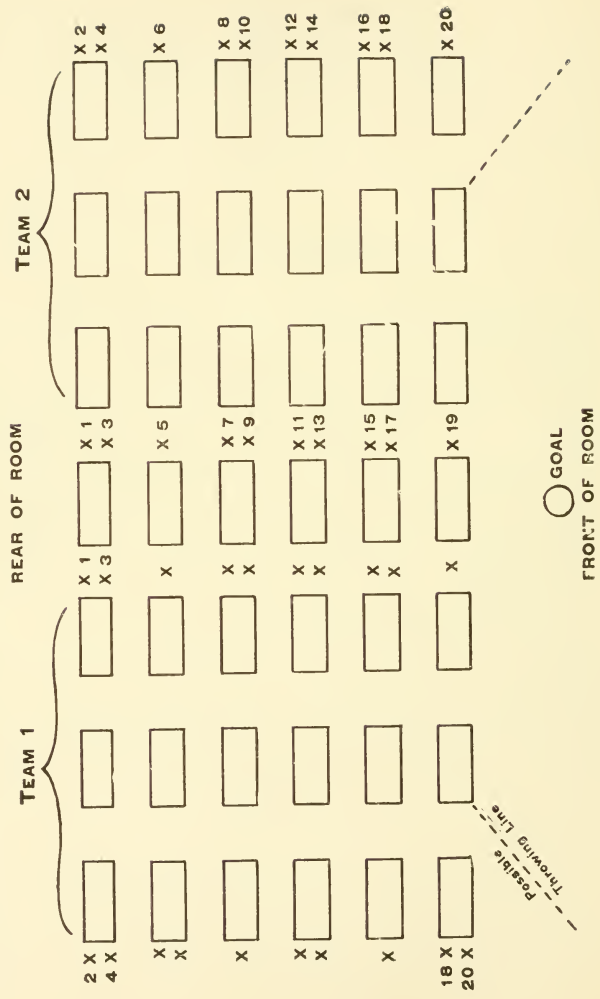
D—Striking ball with clenched hand.

Points—Each goal shall count two points. One point is also awarded to the opposing team for each foul.

This game may be varied by having a goal keeper for each team whose duty shall be to prevent the balloon from crossing his or her goal line. This goal keeper should stand, and should have a free use of the aisle in front of the goal.



= Desks.      DIAGRAM FOR CRISS-CROSS BEAN BAG.      X = Players.



## CRISS-CROSS BEAN BAG

By J. Anna Norris, M.D., Springfield, Mass.

Apparatus—Two bean bags and a waste basket arrangement.

The class is divided into two teams. Each team is divided into two lines, which stand facing each other, as shown in the diagram.

A waste basket is placed on the teacher's desk or hung higher if possible in the front of the room.

Player No. 1 holds the bean bag in each team.

At a signal No. 1 tosses the bag to No. 2, No. 2 to No. 3, and so it continues to pass in a zigzag line till it reaches No. 20. No. 20 on receiving the bag tries to throw it into the basket. If she misses she runs forward, picks up the bag, runs back to her place and tries again and she continues trying until she or her opponent gets her bag in, which event finishes the game.

The team in which No. 20 first receives the bag, scores three; and the team making the goal scores one; so one team may score four, or one three and the other one.

If the distance from the basket seems too long, No. 20 may come forward a given distance to a chalk line and throw from that.

In order to pass around the privilege of throwing goal, the goal thrower in one game passes down to the other end of the line, the line moves up one place, and the next player in order throws for the goal, in the next game. When everyone in one line has thrown for goal, the privilege passes to the other line.

Sometimes it is necessary to have umpires (children) to watch for fouls, such as ~~skipping~~ a child in passing the bag.



## CORNER SPRY

By Amy A. Young, Cleveland, O.

Apparatus—Four bean bags.

The class is divided into four groups, one group stationed in each corner of the room and called—North, South, East and West corners.

Four captains stand in the center of the room each with a bean bag facing her corner of players, who stand in a row. The captain throws the bean bag to each player in her group, who throws it back at once to the captain until the last player is reached. As the captain throws to her last player she calls "Corner Spry!" and runs to the head of the row, the last player becoming captain. The group that first succeeds in having all of its players in the captain's place wins the game.

### DESK RELAY

By James J. Jardine, New York City.

The pupils sit on their desks facing the rear of the room and having the toes caught under the seats. The rear player on each line holds a bean bag. At a signal, the bag is passed over the head backward to the next player, who in turn passes it, and so on until it reaches the player at the front, who jumps down from the desk and hops on one foot to the rear of the room. As soon as this player has reached the rear seat, all the players in the line stand and move forward one desk. The rear player takes the desk thus vacated and starts the bean bag again.

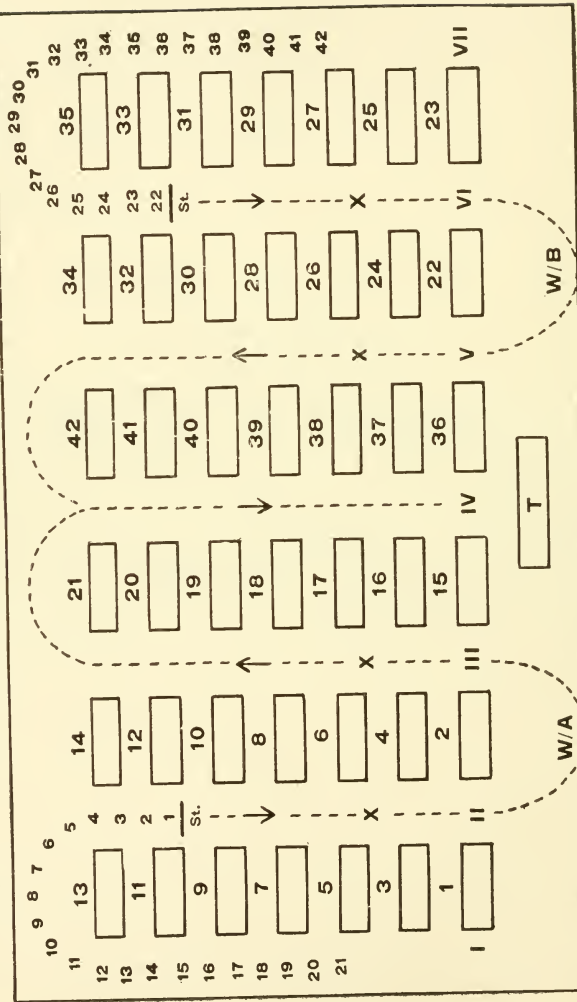
The line wins whose bean bag first reaches the front of the room, after the pupils have all changed seats until original places are resumed.

The teacher should indicate which foot is to be used in hopping so that in successive playing of the game, each pupil will hop alternately on the right and left feet.

# DIAGRAM No. I—DOUBLE RELAY RACES.

TEAM B


TEAM A



**DOUBLE RELAY RACES**

By J. Blake Hillyer, New York City.

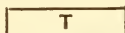
Schoolroom with six rows of seats and seven (more or less) seats deep.

 = Desk.

St. = Starting point.

X = Exchange point.

↓↑ = Direction children should run after they are once formed behind starting point for commencement of game.

 = Teacher's desk.

Numbers 1 to 21 = Team A.

Number 22 to 42 = Team B.

Aisles numbered I. to VII.

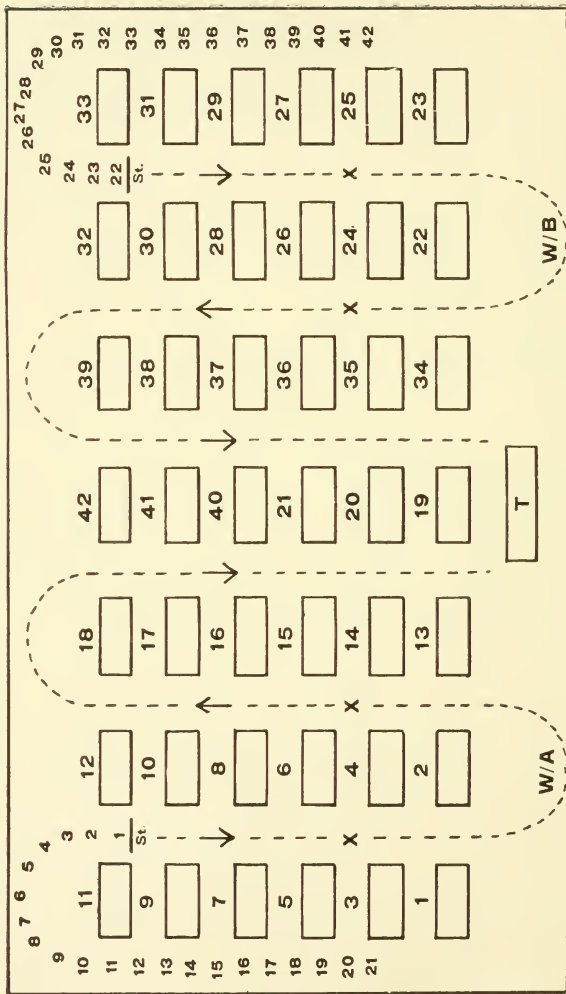
### Directions for Game.

First two rows (Nos. 1 to 14) stand in aisle II. and give way to rear to starting point. Third row (Nos. 15 to 21) stand in aisle III., march forward and around to right into aisle I., bringing entire 21 children into formation, as indicated for Team A on diagram. Fifth and sixth rows (Nos. 22 to 35) stand in aisle VI. and give way to rear to starting point. Fourth row (Nos. 36 to 42) stand in aisle V., march forward and around to left into aisle VII., bringing entire team, Nos. 22 to 42, into formation as indicated for Team B on diagram.

### First Relay.

At commands, "Attention, ready, Go," Nos. 1 and 22, the two leaders of the two teams, walk to wall in front of them at W/A and W/B, touch the wall, return down aisles III. and V. respectively and continue up aisle IV. to teacher's desk. When the two leaders, 1 and 22, touch the wall, Nos. 2 and 23 start at the "exchange points," X and X, 1 and 2 touch left hands across desks and 22 and 23 touch right hands across desks. At the starting point, 1 touches left hand of 3, who starts as soon as touched, 22 touches right hand of 24, who also starts as soon as touched; so on to the last of each team who finish the game by touching the desks where the leaders started. Both teams then "about face" and march back, Team A through aisles III., II. and I., and Team B through aisles V., VI. and VII., when they are ready for the next relay.

DIAGRAM NO. 2—DOUBLE RELAY RACES.



## Second Relay.

Same as First Relay, but this time running.

## Third Relay.

Same as Second Relay, but this time each leader starts with an eraser in his hand and gives it to the next pupil at "exchange point," each successive pupil repeating the exchange at that point. The third and succeeding pupil must wait at each starting point until "touched" before starting.

## Fourth Relay.

Same as Third Relay, except that a handkerchief, knotted once in the middle, is substituted for the eraser with which each leader starts.

## Fifth Relay.

Same as Fourth Relay, except that the leader of each team and the pupil behind him each have an eraser and when meeting at "exchange points," exchange erasers, the leaders giving the second erasers to the pupils on the starting points, and so on.

## Sixth Relay.

Same as Fifth Relay, except that two handkerchiefs are used instead of two erasers.

## Seventh Relay.

Same as Sixth Relay, except that the handkerchiefs may be *thrown* and *caught*, instead of being *handed* or *passed* to the next pupil.

## Cautions.

The value of these games lies in two things, *i. e.*, in the fact that after the first two pupils of each team have started and the game is really under way, there are four pupils on each team actually in motion and the game moves so fast that each member of each team has little time to do anything beside attending strictly to the game, if his team is to have any chance to make a good showing; he must be constantly on the alert. The second, and still more important, valuable feature of the games, lies in the constant exercise of *inhibition*. Therefore, there should be absolutely no "coaching" except by the teacher; care should be taken in the First Relay to see that all children actually *walk*; no running; when hands are to be touched, they *must be touched*; when erasers or handkerchiefs are dropped, they must be picked up by the ones who dropped them before proceeding with the game; if to be exchanged, they *must be exchanged*.



The intermingling of the two teams in aisle IV. does not affect the game in the least.

Diagram 2 is for a room of seven rows of seats, and six (more or less) deep. The numbers indicate a convenient division and the children fall in as before.

A division of the class into three teams may be made if desired and if there are sufficient aisles.

These games are suitable for boys or girls or mixed classes.

Diagram 1 should be used for rooms seating 42, if seven deep; 48, if eight deep; 54, if nine deep.

Diagram 2 should be used for rooms seating 42, but facing as indicated; 49, if seven deep.

Diagram 1 for room with five rows and ten deep, using only the outside and next to the outside aisles.

## DOUBLE GOAL

By Blanche M. Gillette, North Adams, Mass.

Two captains are chosen and stationed one in each of the rear corners of the class room. These captains choose the players from the remaining pupils of the class, thus forming two long lines each facing each other. Each line counts off at two's, which gives each player a number; that is, one-half the class will be Nos. 1 and one-half Nos. 2. The two's in each line then move to the center aisle, leaving one row of seats between their lines. There will thus be four rows of players, the outside lines facing each other, that is, facing toward the center of the room and the inside row standing back to back.

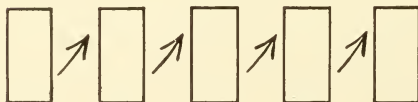
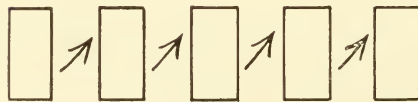
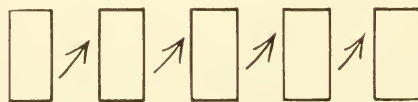
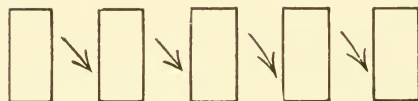
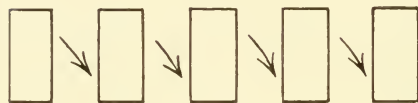
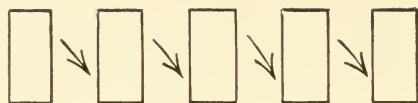
The teacher's desk should be moved to the center front of the room as near the wall as possible. On it should be placed a thick paper, on that a high chair. On the chair is placed a waste basket about eight feet from the desk. A chalk line is drawn on the floor, which shall serve as a throwing line.

### Game.

Each captain holds a bean bag. At a word from the umpire (teacher) the game starts, each captain throwing her bag to the girl of her team standing opposite. This girl throws in turn to the girl opposite her and so on until the bag comes to the last players in the line. As soon as either last player receives the bag, she should run to the chalk line and throw for the basket. All throws should be made from this line. The player getting her bag in the basket first wins points for her team. The points count ten and ten points wins the game.

After throwing for the basket, each player goes to the head of her line and starts the game the next time. The game continues in this way, until one side or the other wins ten points.

DIAGRAM FOR HANDS UP, HANDS DOWN.



B



A

## HANDS UP--HANDS DOWN

By Adela J. Smith, New York City.

This is a quiet game, designed especially for use as children assemble in a class room before the opening of the school session.

Material required—A small paper or worsted ball of a size that may be hidden in the clenched hand.

The players are divided into two groups, each group seated, partly facing the other (indicated by arrows in the diagram) with a captain standing before each side at C.

The side starting the game is given a small ball of paper or worsted and at the command of the captain of the *opposing* side the players pass the ball rapidly from one to another. Each player in this may make the motion of passing, so as to deceive the opposing group as to the whereabouts of the ball.

The captain and players of the opposing group meanwhile keep a sharp lookout for the ball, without leaving their seats.

After a short time of passing, the captain who started the passing (Group B, diagram) calls suddenly, "Hands up!" and immediately all passing in group A must cease, and all hands must be raised high overhead and tightly clenched, so the player having the ball, when the passing ceased, may not disclose the fact.

The B captain again gives a sudden command of "Hands down!" Immediately all hands are brought down softly on the desk in front of each player of group A, hands wide open, palms down, and again the player with the ball tries to hide it.

The players of Group B who think they know who has the ball raise their hands. No player may speak unless called by her captain. When called she may say, "Under J.'s right hand" (or left hand, as the case may be) J. raises the right hand, and if the guesser is mistaken places that hand in her lap, it being thereafter out of commission, so to speak. No other player of Group A moves a hand. Should the ball be found under the hand raised, the opposing group, *i. e.*, Group B, receives as many points as there are hands left upon the desks. Other wise the search continues, the captain of Group B asking players of her group to order a hand raised or ordering it herself, until the ball is discovered. Group B now takes the ball and passes it, and Group A gives command through the captain. The side making a score of three hundred points wins. A side loses ten points when a player talks or calls for a hand to be raised without the permission or call of the captain.

## HOME RUN

By Amy A. Young, Cleveland, Ohio.

Apparatus—Bean bags or sock balls. Played in the seats.

Arrange the players so that all the rows are filled and the same number in each row. No. 1 in each row has a bean bag or ball, and at the word "Start," stands and throws the bag or ball to No. 2, who also stands at the word "Start." No. 2 throws it back to No. 1 and sits down while No. 1 throws the ball to No. 3, who stands up as soon as No. 2 is seated. No. 3 throws it back to No. 1 and the game continues until No. 1 has thrown the ball to the last player in the row. When No. 1 receives the ball from the last player, she lays it down on the desk and runs to the seat of the last player, while all players move up toward the front one seat. No. 2 in the row then becomes No. 1, and tosses the ball as her predecessor did. The game continues until the original No. 1 reaches her original place and calls "Home Run!" thus scoring a point for her row and starts again. The row scoring the most points during fifteen minutes becomes the winner.

## JUMP THE BEAN BAG

By Alice R. Young, Brooklyn, N. Y.

The game is to be played in a class-room with any even number of children. Apparatus—Two bean bags.

The class is divided into two equal divisions or teams. The teams stand in opposite outside aisles and face the center of the room. The game consists in a contest between the two divisions, as to which shall win first in the following relay, here described for one team.

The leader at the head or front of the line, having the bean bag in her hand, runs down the first aisle toward the rear, places the bean bag on the center seat of the row to her left (second row from standing line), vaults over the seat and runs up the next aisle to the front of the room and so to the head of her division. She tags the player standing at the head of the line and passes behind the line to the rear, taking her place at the foot.

The player who has been tagged at the head of the line immediately runs down the first aisle, takes the bean bag from the seat, vaults over the seat and passes down the next aisle to the rear of the room and so to the foot of her line. She hands the bean bag to the player next to her, who passes it to her neighbor, and so it is passed up to the head of the line.


The player at the head of the line immediately upon receiving the bean bag runs down the first aisle, places it on the seat, vaults over the seat to the next aisle, and so to the head of her line, where she returns and tags the player, who has moved up to her place.

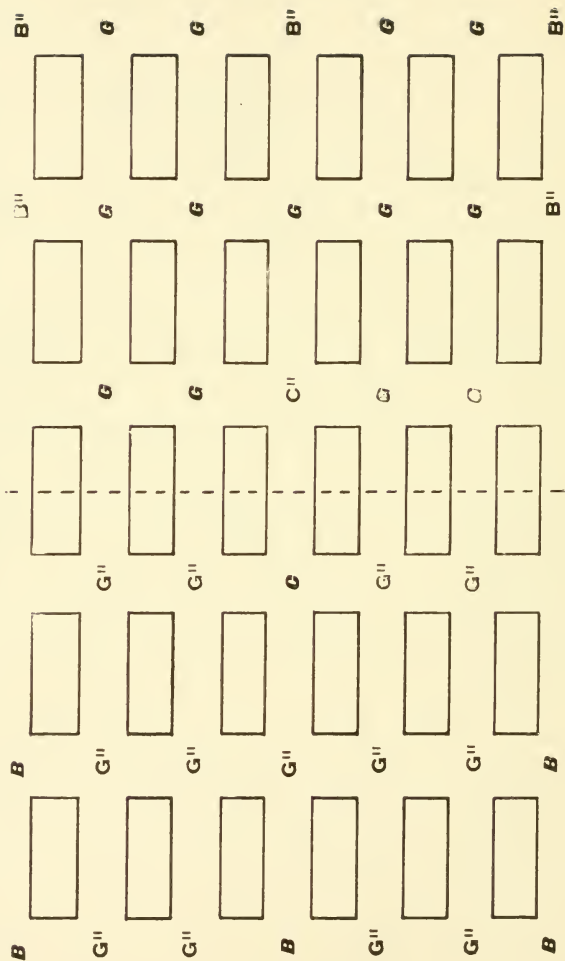
The game thus consists in an alternate placing and taking of the bag from the seat. The player who places the bag returns to the head of the line to tag the player standing there, and then passes behind the line to the foot; the player taking the bean bag returns to the rear of her line and passes the bean bag up the line.

The division whose original leader first gets back to her starting place wins the game.



# DIAGRAM FOR MODIFIED CENTER BALL.

 = Desks.      Company I.       $\begin{cases} B'' = \text{Bases.} \\ C'' = \text{Center, Captain} \\ G'' = \text{Guards.} \end{cases}$       Company II.       $\begin{cases} B'' = \text{Bases.} \\ C'' = \text{Center, Captain} \\ G'' = \text{Guards.} \end{cases}$



**MODIFIED CENTER BALL**

By Mabel L. Pray, Toledo, Ohio.

The game is played with a light ball.

Divide the class into two companies with a center captain and five bases on each side. The remaining pupils of each company serve as guards and are placed on the opposite side from their captains and bases to prevent opponents from catching the ball.

The teacher or umpire tosses the ball alternately to the guards, the first time to Company 1, the second time to Company 2, etc.

The guards in turn toss it to their bases, who try to get it to their centers, the opposite guards opposing by guarding with the arms and jumping to catch the ball. The game continues until one center catches the ball from a *straight throw* (not a bound) from a base (not a guard). The side catching the ball scores a point and the umpire then tosses the ball to the guards of Company 2, etc.

The game is played on "time," the side having the highest score at the end of ten or fifteen minutes winning the game.

Fouls are—Holding the ball longer than five seconds.

Snatching the ball.

Knocking the ball out of an opponent's hand.

In case of a foul the ball is given to the opposite side.

Any number can play the game provided the sides are even.

# DIAGRAM FOR MODIFIED VOLLEY BALL.

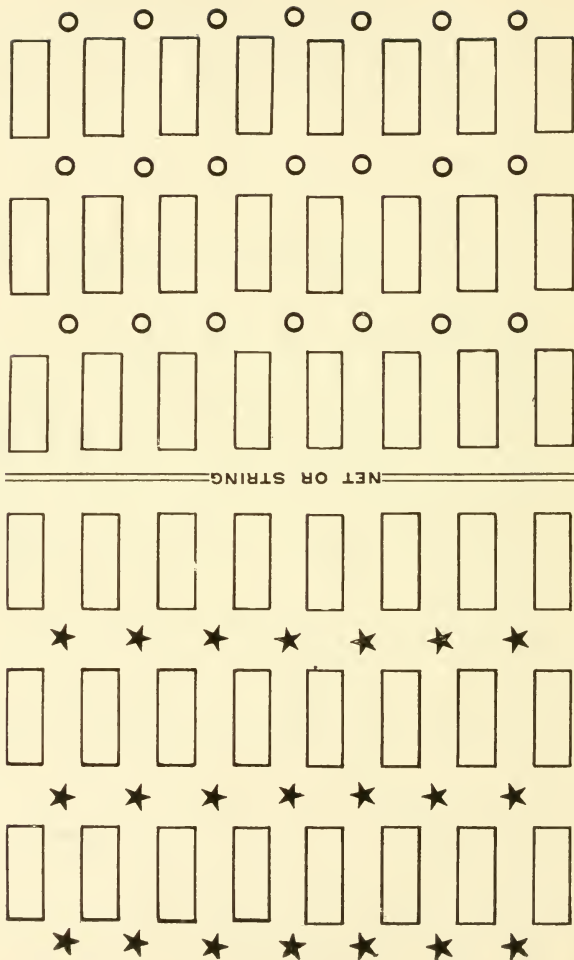
== Net or String.

★ Players of Company I.

○ Players of Company II.

Desks.

FRONT OF ROOM



## MODIFIED VOLLEY BALL

By Mabel L. Pray, Toledo, Ohio.

This game is played with a light ball, preferably filled with gas. Divide the class into two companies and number each side from one up to the required number.

Place a net or string across the school room, dividing it into two equal parts. The top should be six feet from the floor.

The pupils stand in the aisles, each having a required place in which to stand.

The game starts by No. 1 on either side serving the ball; that is, tossing it up with the left hand, and batting it with the right, trying to get the ball over the net or string to the opposing side.

Two fouls in succession (failing to bat the ball over the net) changes the serve to the opposite side; otherwise the server continues until the ball is returned by the opposite side, and not returned by the server's side. When returned, the serve changes to No. 1 of Company 2, then to No. 2 of Company 1, then No. 2 of Company 2, etc.

The game continues until all players are served, or the game may be played on time, that is, the company wins which has the highest score at the end of a ten- or fifteen-minute period.

Every time the ball touches the floor on the either side (not a desk) it scores against that side and counts one for the opposing team.

## OVERTAKE

By Elizabeth R. Walton, Washington, D. C.

(Printed by permission.)

Any number may engage in this game. There should be two captains or leaders and an even number of followers known as the "Reds" and the "Blues." The pupils line up against the wall around the room, the Reds playing alternately with the Blues. (See diagram.)

Captains distribute colored cards bearing the numbers of the positions. These are worn conspicuously throughout the game.

A red-covered bean bag is given the captain of the "Reds" and a blue one to the captain of the "Blues."

For exhibition work red and blue polo caps, made of cheesecloth, make a very effective color scheme.

Acquire skill in tossing and catching before introducing the rules.

### The Game.

The object of the game is to score ten points in a given time. The bag which *overtakes* entitles the thrower's side to *five* points.

The bag reaching "home" first, wins two points for its side.

### Start.

The two opposing centers stand (see diagram) *dos a dos*, facing the "home boundary." At the word "Go!" or a whistle signal, No. 1 Red and No. 1 Blue, who are standing on boundary, receive the bag tossed from their respective captains; these bags are immediately returned to their own captains, who in turn toss to No. 2, the bags thus following around the line until they again reach the No. 1, when "Home!" is called by the side first receiving its bag.

### Players.

There should be at least twenty players, numbered from one to ten on each side. No. 1, Red; No. 2, Red, etc. No. 1, Blue; No. 2, Blue, etc.

Forty is an ideal number, twenty on each side and two captains.

### Boundary.

There should be a well-defined square with a circle in the center, if the game is used in a gymnasium. The desks serve as a boundary line in a class room.

If a center aisle in a class room is too narrow to permit of the captains passing each other in catching, the diagram indicates the

area allowed each and the dotted lines indicate the chairs over which the captains vault to operate, keeping backs to each other all of the time. They must keep in their own territory.

#### Referee.

Some one in authority must start the game, announce the score, award points and keep time or appoint someone to do so. The referee shall invariably put the dead (dropped) ball or bag in play by tossing it to the center as in the start, and she shall announce to the scorer the point lost and the side winning.

#### Privilege.

The opponent may interfere with one hand; the free hand shall be kept in the background. The players may "lunge or fall out" when tossing or catching. They may stoop or jump to catch a low or high ball, but shall not advance beyond the boundary. Both hands may be used in tossing or catching, but only one in interfering.

#### Captains.

If a captain drops a bag or ball three times, she changes places with the No. 1 "home" girl. If the No. 1 drops it, the next girl takes the center place, and so on.

Every bag dropped counts one point for the opposite side. (This rule should not be enforced until the teams become expert.)

#### Fouls.

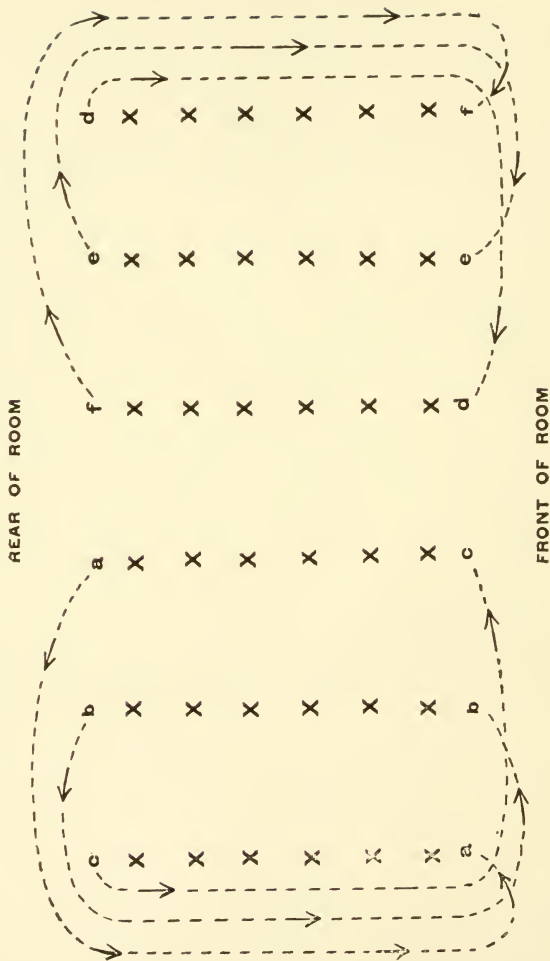
a. The arms shall not be used in any way to interfere with a player who has not the bag or ball.

b. Grasping the clothing or person of the player or using both hands except when throwing or catching shall be called a foul.

c. If the bag drops on the floor out of bounds the opposite side counts two points.

# DIAGRAM FOR VAULTING RELAY.

Showing how leaders should run from rear to front of lines.





### VAULTING RELAY

By James J. Jardine, New York City.

The pupils stand in line in the aisles between the desks all facing right or left (facing open windows preferred). The first player at the front of each line will hold the bean bag in her right hand if facing left, or in her left hand if facing right. At the command "Start!" the bean bag must be passed toward the rear to each player in turn until the player at the end of the line receives it. Each player after passing the bean bag must place one hand on her desk and the other on the back of her chair, jump over her chair, turn, jump back again and take her position in the aisle by the next seat, moving back one seat toward the rear of the line each time the bean bag has been passed, and so on until she returns to her place in line. The player receiving the bean bag at the end of the line must run to the head of the line, as shown in the diagram. Pass the bag to the next player. This continues until each player returns to her place in line. The line wins whose original leader first gets to her own place.

## TAKE THE LEADER'S PLACE

By Maud L. Stone, New York City.

The pupils are seated; the competition is between rows and consists in each pupil walking from the leader's place at the front of her row to the rear and back again to a seat, as described below.

The first girl (No. 1) rises and passes to the rear of her aisle; as soon as No. 1 has passed No. 2 the latter steps forward and stands by the first desk facing toward the rear as "Leader." No. 1 as soon as she has touched the rear blackboard, returns and takes the seat vacated by No. 2, leaving the front seat (leader's seat) vacant. As soon as No. 1 is seated No. 2 walks down the aisle to the rear; as soon as No. 2 passes No. 3 the latter rises and walks forward to stand by the leader's desk; No. 2 returns to take the seat vacated by No. 3; then No. 3 walks down the aisle to the rear, and as soon as she has passed No. 4, the latter rises and moves forward to stand by the leader's desk; No. 3 returns to take the seat vacated by No. 4. This continues until each girl in the row has in turn taken the leader's place. The row wins in which the last pupil to take the leader's place first touches the rear blackboard. The pupils will be left seated in the order in which they started, *i. e.*, each pupil in the seat back of her original place and if the seats were all filled at the beginning the last girl will be left standing at the end. All may take their original seats upon signal.

The class should first walk through the changing of places without competition of any kind until thoroughly familiar with the idea.

### Variations.

(1) The girls run lightly down the aisles and back to places, instead of walking; after the first start the signal to reach leader is the seating of her predecessor.

(2) The leader goes down and back with the skip step.

(3) The leader touches the floor by the foot of desks 2, 4, 6 and 8; and the top of desks 1, 3, 5 and 7.

## Girls' Gymnasium Suits

---

A ladies' gymnasium suit must be neat in appearance, loose enough to ensure perfect freedom of action and yet not present a baggy effect.

Spalding suits are all cut to measure, both the measuring and cutting being done by experts, consequently they fit, look well and do not impede the fullest freedom of action.

The bloomers have the appearance of "kilt" style skirts, no dividing line being visible. The waist is similar to the stylish "Peter Pan" design, finished with blind buttons and buttonholes. The sleeves are three-quarter in length, roomy and graceful.

The No. L100, of brilliantine, in black and navy blue, with any color collar and cuffs. If desired two rows of colored braid may be put around the collar and cuffs. If one suit only is ordered the price is \$6.50; when six or more are ordered at one time, \$6.00 each.

An excellent suit for \$5.00 single or \$4.50 for six or more is the No. L102, made of either black or navy blue brilliantine, trimmed same as No. L100.

No. L101 is made in navy blue, maroon or gray color, with scarf, trimmed any color desired. Single suit, \$5.50; in quantities of six or more, \$5.00 each.

No. 2907 suit is sure to meet approval in fit, style and workmanship. It is made in brown mixed denim and has large collar and scarf, trimmed any color desired. Single suit, \$3.50; for six or more, \$3.00.

Another suit consists of gray flannel, No. L104, tie of any desired color. Single suit, \$2.50 each.

Spalding's gymnasium shoes for ladies are of the same high grade character as those for men. Made of selected material and cut to fit snugly, making them durable and comfortable.

No BHL. High cut, black, with elkskin sole, per pair, \$1.50; six or more ordered at one time, \$1.35 per pair.

No. OHL. Same as above, only low cut. Single, per pair, \$1.25; six or more pairs, \$1.15 per pair.

A pearl-colored, high cut shoe with electric soles, is known as No. PL and sells for \$1.50 per pair; if ordered in lots of six or more, \$1.35 per pair. If a low-cut style of the same shoe is



No 2908



No 1037



No 2907



No L 100



No 2920

preferred, order No. OPL, \$1.25 per pair, unless ordered in quantities of half dozen or more, when the price is \$1.15 per pair.

Another color, drab, in leather, for \$1.00, may be ordered by asking for No. SL; a reduction of 15 cents a pair is made if ordered in quantities of six or more. A low cut shoe of same grade and same style, No. OSL, sells for 90 cents a pair when ordered in single pairs and 80 cents a pair in orders for six or more.

The No. 90L, in addition to being made of a good quality of leather, has a corrugated rubber heel and electric sole. Exceptionally well made and very light. Low cut. Black. Single pair, \$2.00; in quantities over six pairs, \$1.90 per pair.

A low-cut special shoe for ladies, of selected black leather, with the electric sole roughed up to prevent slipping, is known as No. 85L; ordered in quantities of six or more they cost \$1.90 per pair. Single pairs, \$2.00.

No. 20L is a very easy and flexible shoe of leather, with electric sole at \$1.75 a pair, unless ordered in quantities of half a dozen or over, when the price is \$1.65 a pair.

The No. 19L is made of fine horsehide, low cut, oak sole, flexible, roughened to obviate slipping; a very light, comfortable shoe, for \$2.00 a pair; if you desire to get the benefit of the quantity price, order six or more at a time and the price is \$1.85.

If you are accustomed to a high-cut canvas shoe and insist on having the best, order No. 111. They may be had in black or white, with white rubber sole, at \$1.75 per pair; on orders of six or more, \$1.50 a pair for large sizes; medium sizes, No. 11B, \$1.50; on orders for six pairs or more, \$1.25; for small sizes, No. 1H, \$1.25 per pair; six pairs or more, \$1.13 a pair.

Further information in regard to gymnasium apparel for women can be had by addressing any Spalding store, a list of which is printed on the front inside cover of this book.

# OFFICIAL RULES FOR ALL ATHLETIC SPORTS.

The following list contains the Group and the Number of the book of Spalding's Athletic Library in which the rules wanted are contained. See front pages of book for complete list of Spalding's Athletic Library.

EVENT.	Group	No.	EVENT.	Group	No.
All-Round Athletic Cham- pionship	12	182	Lawn Bowls	11	207
A. A. U. Athletic Rules	12	311	Lawn Games	11	188
A. A. U. Boxing Rules	12	311	Lawn Tennis	4	4
A. A. U. Gymnastic Rules	12	311	Obstacle Races	12	55
A. A. U. Water Polo Rules	12	311	Olympic Game Events—Mar- athon Race, Stone Throw- ing with Impetus, Spear Throwing, Hellenic Method of Throwing Discus, Dis- cus, Greek Style for Youths	12	55
A. A. U. Wrestling Rules	12	311	Pigeon Flying	12	55
Archery	11	248	Pin Ball	12	55
Badminton	11	188	Playground Ball	1	306
Base Ball	1	1	Polo (Equestrian)	10	199
Indoor	9	9	Polo, Rugby	12	55
Basket Ball, Official	7	7	Polo, Water (A. A. U.)	12	311
Collegiate	7	312	Potato Racing	12	311
Women's	7	318	Professional Racing, Shef- field Rules	12	55
Water	12	55	Public Schools Athletic League Athletic Rules...	12	313
Basket Goal	6	188	Girls' Branch; including Rules for School Games.	12	314
Bat Ball	12	55	Push Ball	11	170
Betting	12	55	Push Ball, Water	12	55
Bowling	8	8	Quoits	11	167
Boxing—A. A. U., Marquis of Queensbury, London Prize Ring	14	162	Racquets	11	194
Broadsword (mounted)	12	55	Revolver Shooting	12	55
Caledonian Games	12	55	Ring Hockey	6	180
Canoeing	13	23	Roller Polo	10	10
Children's Games	11	189	Roller Skating Rink	10	10
Court Tennis	11	194	Roque	11	271
Cricket	3	3	Rowing	13	128
Croquet	11	138	Sack Racing	12	55
Curling	11	14	Shuffleboard	12	55
Dog Racing	12	55	Skating	13	209
Fencing	14	165	Skittles	12	55
Foot Ball	2	2	Snowshoeing	12	55
Code of Rules	2	334	Squash Racquets	11	194
Association (Soccer)	2	2 A	Swimming	13	177
English Rugby	12	55	Tether Tennis	11	188
Canadian	2	332	Three-Legged Race	12	55
Golf	5	5	Volley Ball	6	188
Golf-Croquet	6	188	Wall Scaling	12	55
Hand Ball	11	13	Walking	12	55
Hand Polo	10	188	Water Polo (American)	12	311
Hand Tennis	11	194	Water Polo (English)	12	55
Hitch and Kick	12	55	Wicket Polo	10	188
Hockey	6	304	Wrestling	14	236
Ice	6	6	Y. M. C. A. All-Round Test	12	302
Field	6	154	Y. M. C. A. Athletic Rules	12	302
Garden	6	188	Y. M. C. A. Hand Ball Rules	12	302
Lawn	6	188	Y. M. C. A. Pentathlon Rules	12	302
Parlor	6	188	Y. M. C. A. Volley Ball Rules	12	302
Ring	12	55			
Ontario Hockey Ass'n	6	256			
Indoor Base Ball	9	9			
Intercollegiate A. A. A.	12	307			
I.-C. Gymnastic Ass'n	15	333			
Lacrosse	11	201			
U. S. I.-C. Lacrosse League	11	305			

# SPECIAL NOTICE

Owing to the increasing interest that is being taken in athletic sports for women A. G. Spalding & Bros. are now giving special attention to women's athletic needs in each of their various stores throughout the country, where every information regarding the outfitting of individuals or clubs may be obtained and also any information regarding the laying out of athletic grounds, playgrounds or gymnasiums will be cheerfully given.

¶ Questions regarding the interpretation of any athletic rule will be promptly answered by addressing Spalding's Athletic Library, P. O. Box 611, New York City.



ACCEPT NO  
SUBSTITUTE

THE SPALDING



TRADE-MARK

GUARANTEES  
QUALITY

# Spalding Canvas Covered Playground Balls

Our unique (patent applied for) method of double stitching, one series of stitches being on the inside, entirely protected from surface wear, makes these balls the most durable for Playground use. Light, soft and safe. Cannot injure players or spectators.

<div> </div> <div>                     Communications addressed to <b>A. G. SPALDING &amp; BROS.</b> </div> <div>                     in any of the following cities will receive attention.                 </div>			<div> </div>		
FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK					
New York	Philadelphia	Washington	Chicago	St. Louis	San Francisco
Boston	Pittsburg	Atlanta	Cincinnati	Kansas City	Seattle
Syracuse	Baltimore	New Orleans	Cleveland	Denver	Minneapolis
Buffalo	Montreal	Canada	Columbus	Detroit	St. Paul
<div> </div>		London, England	Edinburgh, Scotland	Sydney, Australia	<div> </div>

# Spalding Canvas Covered Playground Balls



- No. **2PG.** Playground Medicine Ball. Medium. Each, **\$5.00**  
 No. **3PG.** Playground Medicine Ball. Light. " **4.00**  
 No. **9PG.** Playground Base Ball, 9 inches circumference (Regulation Base Ball Size). . . . . Each, **75c.**  
 No. **12PG.** Playground Base Ball, 12 inches circumference (Official Playground Size). . . . . Each, **\$1.00**  
 No. **17PG.** Playground Base Ball, 17 inches circumference (Indoor Base Ball Size). . . . . Each, **\$1.25**

The above Balls are solid, properly filled and uniform in weight and size.

*Use Special Indoor Base Ball Bats for Playground Base Ball.*

ACCEPT NO  
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THE SPALDING



TRADE-MARK

GUARANTEES  
QUALITY

# Spalding Canvas Covered Playground Tether Ball



No. **O.** Playground Tether Ball, light filled ball with canvas cover and loop. Complete with cord. Each, **\$1.00**

## Playground Basket Ball

No. **X.** Playground Basket Ball, Regulation Size.  
Each, **\$4.00**

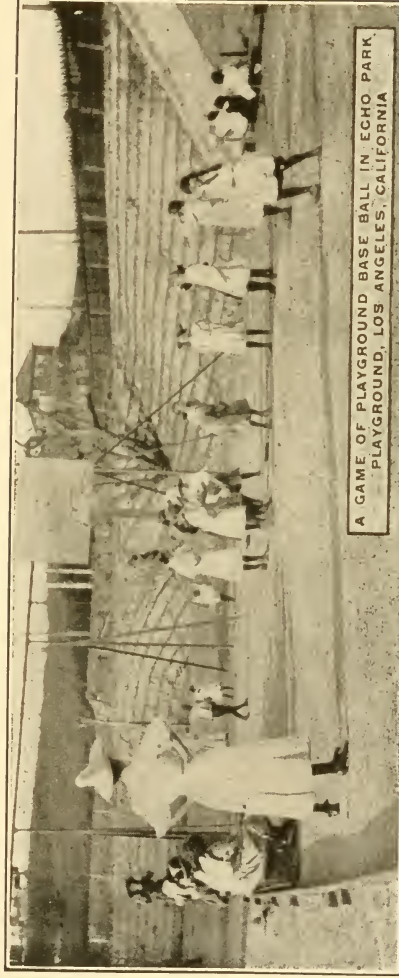
## Playground Volley Ball

No. **VPG.** Playground Volley Ball, Regulation Size.  
Each, **\$3.50**

*Basket Balls and Volley Balls are canvas covered.  
Complete with bladders of pure Para rubber.*

<div><div></div><div>Communications addressed to <b>A. G. SPALDING &amp; BROS.</b> in any of the following cities will receive attention.</div></div>												
<div><div>New York</div><div>Boston</div><div>Syracuse</div><div>Buffalo</div></div>	<div><div>Philadelphia</div><div>Pittsburg</div><div>Baltimore</div><div>Montreal, Canada</div></div>	<div><div>Washington</div><div>Atlanta</div><div>New Orleans</div><div>Canada</div></div>	FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK				<div><div>Chicago</div><div>Cincinnati</div><div>Cleveland</div><div>Columbus</div></div>	<div><div>St. Louis</div><div>Kansas City</div><div>Denver</div><div>Detroit</div></div>	<div><div>San Francisco</div><div>Seattle</div><div>Minneapolis</div><div>St. Paul</div></div>			
			<div><div>London, England</div></div>									

*Prior in effect July 1, 1900. Subject to change without notice.*



A GAME OF PLAYGROUND BASE BALL IN ECHO PARK,  
PLAYGROUND, LOS ANGELES, CALIFORNIA

We issue a special catalogue devoted to the Spalding line of Equipment for Outdoor Playgrounds. Copy of this catalogue will be sent on request to interested parties. Correspondence is solicited with School Committees,

Boards of Education and those who control Public Playgrounds.



# FELT LETTERS, NUMERALS, MONOGRAMS



## AND EMBLEMS



### FELT LETTERS AND NUMERALS Sewed on our Garments

The prices for different styles of lettering apply for either felt or cloth and include cost of sewing on Spalding garments only if purchased at same time. Numerals are furnished in styles to correspond to letters. Order by number and style as shown in cuts to avoid misunderstanding.

**B**

No. 2  
Special

**Q**

No. 4  
Script

**C**

No. 3

Old English

**E**

No. 5

Fancy

Felt Lettering Sewed On our garments, either Special (No. 2), Old English (No. 3), Script (No. 4) or Fancy (No. 5) style letters. No stiffening on back. Cuts shown above.

Size	Retail	Doz.
3 or 4 in.	Ea. 10c.	\$1.08
5 or 6 in.	" 15c.	1.44
7 or 8 in.	" 20c.	2.16
9 or 10 in.	" 30c.	2.64
12 in.	" 35c.	3.60

Felt Lettering Sewed On our garments. Either Block (No. 1) style or Plain (No. 6) style (See cuts.) No stiffening on back.

Size	Retail	Doz.
3 or 4 in.	Each, 6c.	\$ .60
5 or 6 in.	" 10c.	1.08
7 or 8 in.	" 15c.	1.44
9 or 10 in.	" 20c.	1.92
12 in.	" 25c.	2.40

**E G**

No. 1 Block style No. 6 Plain style

Felt Lettering Sewed On our garments. Either Block (No. 1) style or Plain (No. 6) style (See cuts.) Buckram pasted back.

Size	Retail	Doz.
3 or 4 in.	Each, 10c.	\$1.08
5 or 6 in.	" 15c.	1.56
7 or 8 in.	" 25c.	2.40
9 or 10 in.	" 30c.	3.00
12 in.	" 35c.	3.60

### FELT MONOGRAMS. No Background. Buckram Pasted Back.

When ordering, send design showing arrangement and style of letters.

#### Two Letter Monogram



No. 24

Size	Retail	Doz.
3 in.	Each, 15c.	\$1.44
4 in.	" 20c.	2.16
5 in.	" 25c.	2.40
6 in.	" 30c.	2.76
7 in.	" 35c.	3.60
8 in.	" 40c.	4.20
9 in.	" 45c.	4.80
10 in.	" 50c.	5.40
12 in.	" 60c.	6.00

#### Three Letter Monogram



No. 22

Size	Retail	Doz.
4 in.	Each, 25c.	\$2.40
5 in.	" 30c.	3.00
6 in.	" 35c.	3.60
7 in.	" 40c.	4.20
8 in.	" 45c.	4.56
9 in.	" 50c.	5.04
10 in.	" 55c.	5.52
12 in.	" 65c.	6.60

#### Four Letter Monogram



No. 23

Size	Retail	Doz.
4 in.	Each, 30c.	\$3.00
5 in.	" 35c.	3.60
6 in.	" 40c.	4.20
7 in.	" 45c.	4.80
8 in.	" 50c.	5.40
9 in.	" 60c.	6.60
10 in.	" 70c.	7.20
12 in.	" 80c.	8.40

### FELT EMBLEMS. With Background.

When ordering, send design showing arrangement of lettering, colors, etc.

#### One Letter



Size (diameter)	Retail	Doz.
3 in.	Each, 15c.	\$1.56
4 in.	" 20c.	2.16
5 in.	" 22c.	2.40
6 in.	" 25c.	2.64
7 in.	" 30c.	3.24
8 in.	" 35c.	3.60
9 in.	" 35c.	3.60
10 in.	" 40c.	4.20
12 in.	" 40c.	4.20

#### Two Letters

Plain or Monogram



Size (diameter)	Retail	Doz.
3 in.	Each, 20c.	\$2.16
4 in.	" 25c.	2.64
5 in.	" 30c.	3.00
6 in.	" 35c.	3.60
7 in.	" 40c.	4.20
8 in.	" 45c.	4.56
9 in.	" 50c.	5.04
10 in.	" 60c.	6.00
12 in.	" 75c.	7.20

#### Three Letters

Plain or Monogram



Size (diameter)	Retail	Doz.
4 in.	Each, 25c.	\$2.64
5 in.	" 30c.	3.24
6 in.	" 35c.	3.84
7 in.	" 40c.	4.20
8 in.	" 45c.	4.80
9 in.	" 60c.	6.00
10 in.	" 75c.	7.20
12 in.	" 90c.	9.00

#### Four Letters

Plain or Monogram



Size (diameter)	Retail	Doz.
4 in.	Each, \$ .30	\$3.24
5 in.	" .40	4.20
6 in.	" .50	5.04
7 in.	" .60	6.00
8 in.	" .70	7.20
9 in.	" .75	7.80
10 in.	" .85	8.40
12 in.	" 1.00	10.20

The prices printed in italics will be quoted on orders for one-half dozen or more at one time. No reduction from single retail prices on orders of less than one-half dozen.

<p>Communications addressed to <b>A. G. SPALDING &amp; BROS.</b> In any of the following cities will receive attention.</p>		<p>FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK</p>	
<p>New York Boston Syracuse Buffalo</p>	<p>Philadelphia Pittsburg Baltimore Montreal, Canada</p>	<p>Washington Atlanta New Orleans</p>	<p>London, England Edinburgh, Scotland Sydney, Australia</p>
<p>Chicago Cincinnati Cleveland Columbus</p>	<p>St. Louis Kansas City Denver Detroit</p>	<p>San Francisco Seattle Minneapolis St. Paul</p>	



# COLLEGE, SCHOOL FLAGS AND PENNANTS

We solicit correspondence with colleges, schools, clubs and others requiring special designs or anything different from regular stock assortment as specified below.

COLLEGE FLAGS in officially approved colors of the following colleges: Harvard—White H, Harvard—Black H, Yale, Princeton, Univ. of Penn., Cornell, Columbia, Univ. of Chicago, Univ. of California, Stanford Univ., Northwestern Univ., Dartmouth, Brown, Wisconsin, Univ. of New York, Georgetown Univ., Univ. of Illinois, Amherst, Univ. of Michigan, Univ. of Minnesota, Vassar, Williams.



Prices quoted below are for silk flags of the above named colleges.

1. Silk Flag, 12x18 inches, best quality, oblong shape; colors and lettering dyed by special process. Complete with detachable pocket holder. Each, **\$1.00**  
 Ornamented bracket for connecting two of above flags for wall decoration. Extra, **.25**  
 Ornamented bracket for connecting three of above flags for display on table or stand. Each, **.50**
2. Silk Flag, 12x18 inches, good quality, oblong shape; colors and lettering printed in fast colors. Complete, mounted on ornamental staffs. Each, **50c.**
3. Silk Flag, 4x6 inches, oblong shape, fast colors printed, on stick. Each, **10c.**
6. Cashmere Banner, size 50x70 inches, oblong shape, fine quality material, with any four 18-inch felt letters stitched on one side. Each, **\$5.00**

## COLLEGE SLEEVE BANDS

Made of any color felt, 4 inches wide and long enough to go around sleeve; with one 1½-inch letter.

Each, **25c.** \$2.40 Doz.  
 Extra letters or Numerals. Each, 5c.

## FELT HAT BANDS

Made of any color felt, 1½ inches wide and long enough to go around crown of hat; with one 1-inch letter.



Sleeve Band Hat Band

Each, **15c.** \$1.44 Doz.  
 Extra letters or numerals. 3c.

## FELT PENNANTS

Any Solid Stock Color with regular style letters

- No. 3. Felt Flag, 15x30 inches, pennant shape, one 4-inch letter stitched on each side. Complete with tapes for hanging. Each, **50c.**
- No. 4. Felt Flag, 10x20 inches, pennant shape, one 3-inch letter stitched on each side. Complete with tapes for hanging. Each, **25c.**
- 4 inch extra letters on Felt Flag No. 3. Each, **6c.**
- 3 inch extra letters on Felt Flag No. 4. " **5c.**

## PLAIN FELT PENNANTS—Any Solid Stock Color, Without Staff

### With One Letter

Any Regular	Each	Retail Doz.
No. 01. 9x18 in.	\$.20	\$2.16
No. 02. 10x20 in.	.25	2.40
No. 03. 12x24 in.	.40	3.60
No. 04. 14x28 in.	.50	4.80
No. 05. 15x30 in.	.55	5.40
No. 06. 18x36 in.	.65	6.60
No. 07. 36x72 in.	1.25	12.60

### With Any Single Name

Plain Letters	Each	Retail Doz.
No. S1. 9x18 in.	\$.50	\$4.80
No. S2. 10x20 in.	.55	5.40
No. S3. 12x24 in.	.60	6.00
No. S4. 14x28 in.	.65	6.60
No. S5. 15x30 in.	.85	8.40
No. S6. 18x36 in.	1.00	10.20
No. S7. 36x72 in.	1.85	19.20

### With Any Single Name

Graduated Letters	Each	Retail Doz.
No. G1. 9x18 in.	\$.65	\$6.60
No. G2. 10x20 in.	.70	7.20
No. G3. 12x24 in.	.75	7.80
No. G4. 14x28 in.	.85	9.00
No. G5. 15x30 in.	1.00	10.20
No. G6. 18x36 in.	1.25	12.00

## NEW WAVE PENNANTS

Felt, Stock Colors, Without Staff

No. A	Each	Retail Doz.
No. A. 6x21 in., one letter, block style.	\$.35	\$3.60
No. B. 9x23 in., one letter, with design of foot ball.	.50	4.80
No. C. 11x28 in., block letters; any single name.	.75	7.80
No. D. 11x28 in., plain letters; any single name.	.65	6.60
No. E. 14x34 in., any single name; first letter fancy.	.85	8.40
No. F. 15x36 in., any single name; first letter fancy.	.90	9.00
No. G. 15x36 in., any single name; Old English style letters.	1.10	10.80



No. E



No. F



No. G

The above prices printed in italics will be quoted on orders of one-half dozen or more at one time. No reduction from retail prices on quantities of less than one-half dozen.

# Spalding "Playground" Balls



The National Playground Ball Association of America has adopted the Spalding Balls No. 12PB and No. 14PB as official. These are made with horse hide cover and are specially wound, so that, while soft to the feel, they will continue to hold their shape after considerable use.

## 12-inch "Official" Playground Ball

The 12-inch ball is used where there is a large playing space, and makes an ideal ball for general recreation purposes and for games at picnics, outings, etc., where the players on account of lack of experience or practice, might not wish to use a hard ball. Guaranteed to last a game.

No. 12PB. Each, \$1.00

## 14-inch "Official" Playground Ball

The 14-inch ball is used where the playing space is limited in size. As the ball cannot be batted very far, it is possible, by using the large size, to improvise ball grounds in a space that would be simply out of the question for the ordinary game. Guaranteed to last a game.

No. 14PB. Each, \$1.00

## 9-inch Playground Ball

This ball is used on many of the municipal playgrounds, where on account of the youth of the players, the larger sizes would not be suitable.

No. 9PB. Each, \$1.00

Communications addressed to		A. G. SPALDING & BROS.		in any of the following cities will receive attention.	
New York	Philadelphia	Washington	FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK		Chicago
Boston	Pittsburg	Atlanta			Cincinnati
Syracuse	Baltimore	New Orleans			Cleveland
Buffalo	Montreal, Canada				Columbus
					St. Louis
					Kansas City
					Denver
					Detroit
					San Francisco
					Seattle
					Minneapolis
					St. Paul

Prices in effect July 5, 1902. Subject to change without notice.



# Spalding "Playground" Ball Bats



**Spalding Regulation Bats.**  
Made of selected second growth hickory in the best models. Handle wrapped with electric tape to prevent slipping.

**No. 0. Each, 50c.**

**Spalding Regulation Bat. Same as No. 0, except handle and end not wrapped.**

**No. 2. Each, 40c.**

## Spalding Catchers' Protector

Well padded. Straps to go over shoulders and around waist.

**No. 1 A. Each, \$2.00**



⊕ Communications addressed to		<b>A. G. SPALDING &amp; BROS.</b>				in any of the following cities will receive attention. ⊕		
New York Boston Syracuse Buffalo	Philadelphia Pittsburg Baltimore Montreal, Canada	Washington Atlanta New Orleans New Canada	FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK			Chicago Cincinnati Cleveland Columbus	St. Louis Kansas City Denver Detroit	San Francisco Seattle Minneapolis St. Paul
			London, England	Edinburgh, Scotland	Sydney, Australia			

Prices in effect July 5, 1909. Subject to change without notice.

ACCEPT NO  
SUBSTITUTE

THE SPALDING



TRADE-MARK

QUALITY

# The Spalding Official Basket Ball



## THE ONLY OFFICIAL BASKET BALL

### WE GUARANTEE

this ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and, if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use.

Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

**A. G. SPALDING & BROS.**

**OFFICIALLY ADOPTED AND STANDARD.** The cover is made in four sections, with capless ends, and of the finest and most carefully selected pebble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. The bladder is made especially for this ball of extra quality pure Para rubber (no composition.) Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions, it is stipulated that this ball must be used in all match games of either men's or women's teams.

**No. M. Spalding "Official" Basket Ball. Each, \$6.00**

### Extract from Men's Official Rule Book

#### RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



### Extract from

#### Official Collegiate Rule Book

The Spalding Official Basket Ball No. M is the official ball of the Intercollegiate Basket Ball Association, and must be used in all match games.



### Extract from Women's Official Rule Book

#### RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.



Communications addressed to **A. G. SPALDING & BROS.** in any of the following cities will receive attention.

New York  
Boston  
Syracuse  
Buffalo

Philadelphia  
Pittsburg  
Baltimore  
Montreal, Canada

Washington  
Atlanta  
New Orleans

FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK

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Patented by A. G. Spalding & Bros., N.Y., U.S.A. Subject to change without notice.

## Spalding "Special No. E"



No. E. Fine pebble grain leather case. The bladder of pure Para rubber (no composition) and guaranteed. Each ball complete in sealed box, with rawhide lace and lacing needle. Each, \$4.00

## Spalding Practice "No. 18"



No. 18. Good quality leather cover; regulation size. Each ball complete in box with pure Para rubber (no composition) bladder guaranteed; rawhide lace and lacing needle.

Each, \$2.50

No. 01. Canvas Cover, for holding inflated basket ball. Each, \$1.00

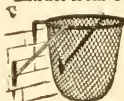
## Spalding Basket Ball Score Books

- No. 1. Paper cover, 10 games, 10c.
- No. 2. Cloth cover, 25 games, 25c.
- No. A. Collegiate, paper cover, 10 games, Each, 10c.
- No. B. Collegiate, cloth cover, 25 games, Each, 25c.

## Spalding "Official" Basket Ball Goals

Officially adopted and must be used in all match games. We are equipping our basket ball goals now with nets constructed so that the bottom may be left open in practice games to permit ball to drop through. The opening is closed readily by a draw string for match games. No. 80. Per pair, \$4.00

### Extract from Official Rule Book



RULE III.—GOALS  
SEC. 3. The goal made by A. G. SPALDING & BROS. shall be the official goal.  
SEC. 4. The official goal must be used in all match games.

## Spalding Detachable Basket Ball Goals



No. 50. Made so that they may be detached readily from the wall or upright, leaving no obstruction to interfere with other games or with general gymnasium work. Same size basket and trace, same length as on official goals. Per pair, \$5.00



## Pat. May 25, 1909 Spalding Practice Goals

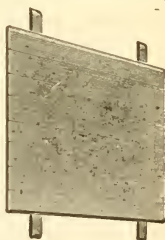
No. 70. Japanned Iron Rings and Brackets. Complete with nets. Per pair, \$3.00

## Spalding Outdoor Goals



The upright post is made of 4x6 inch selected chestnut. The backstop itself is made of tongue and groove chestnut, all of the woodwork being given two coats of durable outdoor paint. Furnished complete with pair of No. 80 Official Basket Ball Goals.

No. 160. Pair, \$40.00



## Spalding Backstops Only for Basket Ball Goals

These backstops are made of 3/4-inch matched hard wood. The back of the board is reinforced by three cleats of 2x2 1/2 inch material. On flat walls the two end cleats extend above and below the backstop, which is attached to the wall by bolting through these cleats.

No. 100. Per pair, \$20.00

## Spalding Thumb Protector

No. T. A substantial support that players will appreciate.

Each, 50c.



## Spalding Bladders—Guaranteed Quality

All rubber bladders bearing our Trade-Mark are made of pure Para rubber (no composition), and are guaranteed perfect in material and workmanship. Note special explanation of guarantee on tag attached to each bladder.



No. OM. For No. M ball. . . . . Each, \$1.25  
No. 16. For No. E ball. . . . . " .75  
No. A. For No. 18 ball. . . . . " .75

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# Spalding Basket Ball Shoes



No. BBR



No. AB



No. BB



**No. BBR. THE SPALDING "EXPERT" BASKET BALL SHOE.** Pure gum thick rubber sole, with special diamond point surface and reinforced edges to prevent sole spreading. Laces extremely far down. Made of best quality black calf in highest type of workmanship. We promise that the soles on these shoes are perfectly made but do not guarantee as to length of service. Per pair, **\$8.00**

**No. AB. SPALDING BASKET BALL SHOES.** The red rubber suction soles we use on these shoes are 1-16 inch thicker than any we have used before and quality is improved. One of the principal advantages of this style of sole is that it enables the player to obtain a good, firm purchase on the floor. Superior quality light drab chrome tan leather. Laces extremely far down. Pair, **\$5.00**

**No. BB. SPALDING BASKET BALL SHOES.** Suction soles of good quality red rubber. Uppers of good quality black leather. A very popular style of basketball shoe. Per pair, **\$3.50**

**No. BBL. SPALDING BASKET BALL SHOES FOR LADIES.** These are otherwise same as No. BB shoe. Per pair, **\$3.50**

**No. HH. SPALDING CANVAS TOP BASKET BALL SHOES.** High cut white canvas upper. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on best rubber sole gymnasium shoe. A very durable and satisfactory shoe. Pair, **\$2.00**

No. H. Same as No. HH, but low cut. **1.75**

**Spalding's Official Athletic Implements** are used by all the leading women's educational institutions of the country, including Barnard, Bryn Mawr, Radcliffe, Smith, Vassar, Wellesley and by all the high schools and public playgrounds in New York and Chicago. When buying anything athletic, be sure it bears the Spalding Trade Mark.



No. HH

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# Spalding Ladies' Gymnasium Shoes



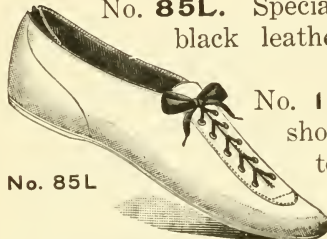
Kangaroo, elkskin sole, extra light, hand made.  
No. 15. Per pair, **\$5.00**

Elkskin sole, soft and flexible.  
No. 155. Per pair, **\$4.50**

Low cut shoe, selected leather, extra light and electric sole.  
No. 166. Per pair, **\$3.00**

Low cut shoe, good quality black leather, with electric sole and corrugated rubber heel. Very light and well made.  
No. 90L. Per pair, **\$2.00**

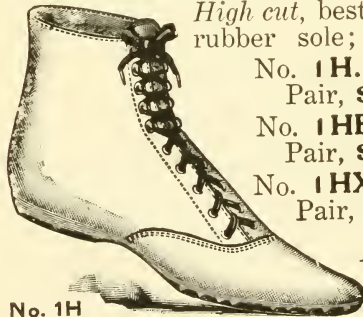
# Spalding Ladies' Gymnasium Shoes



No. 85L. Special ladies' low cut shoe, selected black leather, roughened electric sole. Per pair, **\$2.00**

No. 19L. Fine horsehide, low cut shoe, flexible oak sole, roughened to prevent slipping; very light and comfortable. Per pair, **\$2.00**

No. 20L. Low cut; selected leather, electric sole. A very easy and flexible shoe. Per pair, **\$1.75**



*High cut, best grade canvas shoe, white rubber sole; made of black canvas.*

No. 1H. Sizes 6 to 12. Pair, **\$1.75** Doz. pairs, *\$18.00*

No. 1HB. Sizes 2½ to 5½. Pair, **\$1.50** Doz. pairs, *\$15.00*

No. 1HX. Sizes 11 to 2. Pair, **\$1.25** Doz. pairs, *\$13.50*

No. 1H. *Low cut, best grade canvas shoe, white rubber sole; made of black canvas.*

No. 1. Sizes 6 to 12. Pair, **\$1.50** Doz. pairs, *\$15.00*

No. 1B. Sizes 2½ to 5½. " **1.25** " *13.50*

No. 1X. Sizes 11 to 2. " **1.10** " *12.00*

*The prices printed in italics will be quoted only on orders of one-half dozen or more.*

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# Spalding Ladies' Gymnasium Shoes with Flexible Soles



No. BHL

No. BHL. Ladies' gymnasium shoes, made of good quality selected leather, black color, with elkskin sole, high cut. Pair, **\$1.50** Doz., \$16.20

No. PL. Ladies' gymnasium shoes, elkskin, pearl color, with elkskin sole, high cut. Pair, **\$1.50** Doz., \$16.20

No. OPL. Same as No. PL shoe, except low cut. Pair, **\$1.25** Doz., \$13.80

No. OHL. This shoe is the same as our No. BHL shoe, except low cut. Pair, **\$1.25** Doz., \$13.80



No. SL. Ladies' gymnasium shoes, made of selected leather, drab color, high cut. Pair, **\$1.00** Doz., \$10.20



No. OHL

No. OSL. Same as No. SL shoe, except low cut. Pair, **90c.** Doz., \$9.60

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# SPALDING Indoor Base Balls

*We cover both the best grade indoor base balls, Nos. 1 and 1X, with special oil tanned leather. Very satisfactory and particularly durable.*

**Spalding Official 17 inches circumference. This Indoor League Ball** ball is adopted by the National Indoor Base Ball Association of the United States. Guaranteed to last a game.

No. 1. Each, **\$1.00**

**Spalding National 15 inches circumference. Is wound Guard** fairly hard with wool yarn; makes an ideal ball for armory games.

**Indoor Base Ball** No. 1X. Each, **\$1.00**

Sheepskin cover, otherwise same as No. 1 Ball.

No. 2. Each, **75c.**

Sheepskin cover, otherwise same as No. 1X Ball.

No. 3. Each, **75c.**

*Where 12 or 14-inch balls are required, use Nos. 12PB or 14PB "Playground" balls listed in this book.*

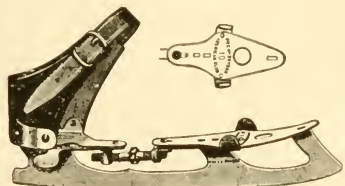
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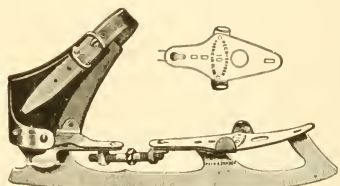
# Peck & Snyder's Ladies' Ice Skates

The Special styles of Ladies' Skates which have been made by Peck & Snyder for over forty years past are even more popular to-day than they were a generation ago. They are graceful in form, have a special finish, and in all other respects are what they are intended to be—

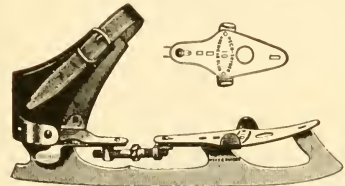
## PERFECT ICE SKATES FOR LADIES



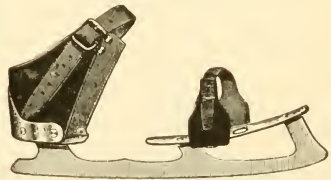
No. 4-O.L. Welded steel runners, tempered, nickel-plated throughout; russet straps. Each pair in paper box. Sizes 8 to 11 inches. Per pair, **\$3.00**



No. 00.L. Nickel-plated. Runners and other parts of best steel, nicely finished; russet straps. Sizes, 8 to 11 inches. Each pair in paper box. Per pair, **\$1.60**  
No. 0.L. Bright finish. Paper wrapped. **1.25**



No. 1.L. Best cast steel runners, hardened. All parts nickel-plated; russet leather straps. In paper box. Sizes, 8 to 11 inches. Pr., **\$2.25**



No. 19. Made with steel runners and foot plates; russet leather straps. Each pair paper wrapped. Sizes, 8 to 11 inches. Pair, **90c.**

Spalding's Athletic Library No. 209—"How to Become a Skater." Fancy and Speed Skating. Illustrated with diagrams. 10 cents.

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# Peck & Snyder's Full Clamp Hockey Skates

THE full clamp fastening for hockey skates introduced by us some seasons ago has proven by its great popularity to be the style most adapted to the uses of players who do not find it convenient to keep a separate pair of shoes particularly for their hockey skates. The grades listed below are all made in this style.

**No. 9H.** Full clamp fastening. Extra heavy nickel-plated and specially polished throughout. Blades of absolutely best quality three-ply welded steel, highly tempered, with ribbed flange at bottom. Made in both men's and women's models. Each pair in paper box, neatly wrapped. Sizes, 9½ to 12 inches.



No. 9H

Per pair, \$5.00

**No. 9HL. Ladies'.** Like above, but small heel plate and narrow toe plate. Sizes, 9 to 11 inches. " 5.00

**No. 7H.** Nickel-plated throughout, not polished; ribbed runners. Sizes, 9 to 12 inches. " 4.00

**No. CH.** Full clamp fastenings. Highly tempered and hardened three-ply welded steel runners. Each pair in paper box. Sizes, 9½ to 12 inches.



No. CH

Per pair, \$3.00

**No. CHL. Ladies'.** Same as No. CH, but small heel plate and narrow toe plate. Sizes, 8 to 11 inches. Pair, \$3.00 || pair in paper box. Size, 9½ to 12 inches. Pair, \$1.50



No. DH

**No. DH.** Full clamp fastenings. Runners of best cast steel, hardened. Entire skate full nickel-plated. Each pair in paper box. Sizes, 9 to 12 inches.

Per pair, \$2.00

**No. EH.** Full clamp fastenings. Flat runners of best cold rolled steel. Entire skate nickel-plated. Each pair in paper box. Sizes, 8 to 10½ inches. Per pair, \$1.50

**No. EHL. Ladies'.** Same as No. EH, but with small heel plate and narrow toe plate. Sizes, 8 to 10½ inches. Per pair, \$1.50

## Peck & Snyder's "Special Ladies'" Hockey Skate



**No. CHLS.** Made with key clamp fastening in front and best quality leather heel strap. Flat runners of highly tempered and hardened three-ply welded steel. Each pair in paper box. Sizes, 8 to 10½ inches. Per pair, \$3.00

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# SPALDING SKATING SHOES

Spalding "Special" Skating Shoe



No. 336. Best quality calfskin. Laces extra low at toe. Specially reinforced inside, obviating necessity for strap on shoe itself, but giving support where most required; full heel, leather lined tongue. Per pair, \$5.00



Spalding Skating Shoe



No. 332. Made of good quality calfskin, machine sewed. Has strap support over ankle outside. full heel. A substantial shoe in every detail. Per pair, \$3.50

Spalding "Expert" Racing Shoe



No. 337 Fine quality material throughout and extremely light in weight; reinforced inside over ankles; leather very soft and easy; lacing extremely far down, very light sole. Per pair, \$5.00



Spalding Racing Shoe



No. 338. A racing shoe at a moderate price. Made after the design of our higher priced shoes, only differing in quality of material and construction. Light weight, and substantially made. Pair, \$3.50

## Spalding Ladies' Skating Shoes

These shoes are built as an athletic shoe should be, and the principles entering into their construction are the same as those which have made our men's skating shoes so popular. They will be found absolutely first-class in material, workmanship and design, are trim and neat in appearance and will give excellent satisfaction.



No. 350. Ladies' Skating Shoe. Fine quality leather, nice and pliable. Reinforced with webbing inside to give support over ankle and at top; lacing extremely far down; full heel; neat toe, medium broad; good oak sole. Pair, \$5.00



No. 330. Ladies' Skating Shoe. Good quality, black leather. Full heel, laces down to toe, and has supporting strap-and-buckle over ankle. Per pair, \$3.50

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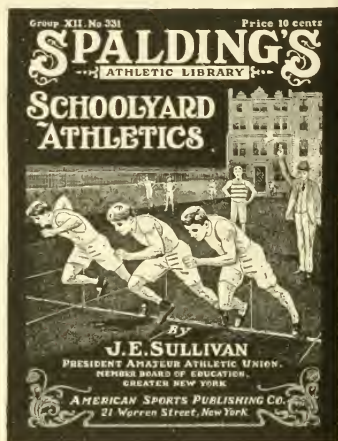
# Schoolyard Athletics

By **J. E. SULLIVAN**

President Amateur Athletic Union;  
Member Board of Education Greater New York.

THE great interest in athletics that has developed in the public schools within recent years has led to the compilation of this book with a view to the systemization of the various events that form the distinctively athletic feature of school recreation. With its aid any teacher should be able to conduct a successful meet, while the directions given for becoming expert in the various lines will appeal to the pupil. Some of the leading athletes have contributed chapters on their specialties: Ray Ewry, holder of the world's high jump record, tells how to practice for that event; Harry Hillman, holder of the hurdle and three-legged records, gives hints on hurdle racing and three-legged racing; Martin Sheridan, all-around champion of America, gives directions for putting the shot; Harry F. Porter, high jump expert, describes how to become proficient in that event. The book is illustrated with photos taken especially for it in public school yards.

**PRICE 10 CENTS**



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# Sandow's Patent

## Spring Grip Dumb Bells



EUGEN SANDOW, Patentee.

A. G. SPALDING & BROS.

SOLE AMERICAN AND CANADIAN LICENSEES

**A**N ENTIRE SYSTEM of Physical Culture is embraced within the exercises possible with these wonderful dumb bells.

The bells are made in two halves connected by steel springs, the effort necessary in gripping compelling the pupil to continually devote his whole mind to each movement. This concentration of will power on each muscle involved is what is responsible for the great results obtained through properly exercising with them.

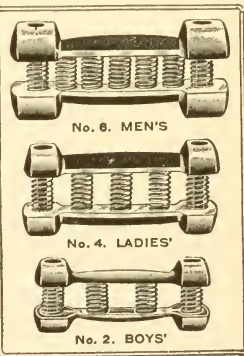
### Sandow's Patent Spring Grip Dumb Bells

No. 6. **MEN'S**. Nickel-plated; fitted with seven steel springs. Per pair, **\$3.00**

No. 4. **LADIES'**. Nickel-plated; fitted with five steel springs. Per pair, **\$2.50**

No. 2. **BOYS'**. Nickel-plated; fitted with four steel springs. Per pair, **\$2.00**

We include with each pair of Sandow Dumb Bells a chart of exercises by Sandow and full instructions for using. Also a piece of selvyt cloth for keeping dumb bells in good condition.

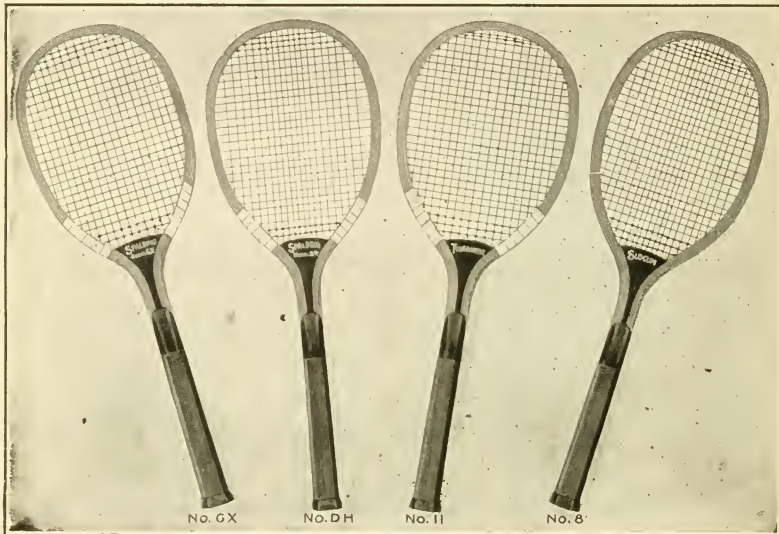


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# The Spalding Tennis Rackets

THE good points in the following rackets can be vouched for by some of the most successful of last season's players. In all of them quality of material and workmanship is superb and perfect balance assured. Each frame made of finest white ash, highly polished; combed Spanish cedar handle, leather capped.

**Model GX.** Gold Medal shape. Taped shoulders; strung with best lambs' gut. This racket is equal to the best of any other make. Each, **\$5.00**

**Model DH.** Hand made throughout and strung with special quality lambs' gut. Modeled after style racket used exclusively by some of the greatest players in the world. Made with extra stringing in central portion of racket. **\$5.00**

**No. 11. The Tournament.** Taped shoulders; strung with good quality lambs' gut. A very popular model. Each, **\$4.00**

**No. 8. The Slocum.** Oval shape, good quality frame, strung with special Oriental gut. A very superior racket at a moderate price. Extra stringing in central portion of racket. Each, **\$3.50**



## GUARANTEE

We guarantee to each purchaser of a Tennis Racket bearing the Spalding Trade-Mark that it will give satisfaction and a reasonable amount of service, when used solely for Lawn Tennis playing, and under ordinary conditions, and fair treatment. If this Racket proves defective in workmanship or material during the current year, please return, transportation charges prepaid, to any Spalding Store or to the Dealer from whom it was purchased, and the defect will be rectified. Imperfectly strung Rackets will be re-strung, and in the event of a broken frame due to workmanship or defective material, the Racket will be replaced.

We urge that at the conclusion of play this Racket be rubbed dry, and when not in use be covered with a Waterproof Cover, placed in a Racket Press, and the gut occasionally varnished.

We will supply, if required, but cannot guarantee, any rackets weighing less than thirteen ounces.

**Keep Your Racket in a Dry Place, Otherwise This Guarantee is Void.**

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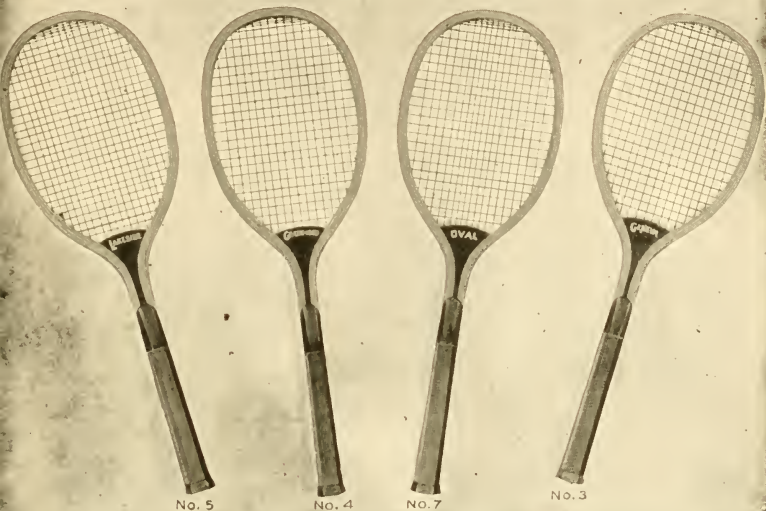
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# THE SPALDING Tennis Rackets

**No. 7. The Oval.** Oval shape, good quality white ash frame, strung with special Oriental gut. Made with extra stringing in central portion of racket. Each, **\$2.50**

The following rackets are all excellent quality. Frames of the finest selected white ash, highly polished, with combed spanish cedar handle, leather capped; stringing of good quality Oriental gut.

**No. 5. The Lakeside.** . . . . . Each, **\$3.00**  
**No. 4. The Greenwood.** . . . . . " **2.00**  
**No. 3. The Geneva.** . . . . . " **1.50**

## GUARANTEE



We guarantee to each purchaser of a Tennis Racket bearing the Spalding Trade-Mark that it will give satisfaction and a reasonable amount of service, when used solely for Lawn Tennis playing, and under ordinary conditions, and fair treatment. If this Racket proves defective in workmanship or material during the current year, please return, transportation charges prepaid, to any Spalding Store or to the Dealer from whom it was purchased, and the defect will be rectified. Imperfectly strung Rackets will be restrung, and in the event of a broken frame due to workmanship or defective material the Racket will be replaced.

We urge that at the conclusion of play this Racket be rubbed dry, and when not in use be covered with a Waterproof Cover, placed in a Racket Press, and the gut occasionally varnished.

We will supply, if required, but cannot guarantee, any racket weighing less than thirteen ounces.

**Keep Your Racket in a Dry Place, Otherwise This Guarantee is Void.**

Communications addressed to <b>A. G. SPALDING &amp; BROS.</b>				In any of the following cities will receive attention.			
FOR STREET NUMBERS SEE INSIDE FRONT COVER OF THIS BOOK				Chicago	St. Louis	San Francisco	
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Buffalo	Montreal	Canada					
				London, England	Edinburgh, Scotland	Sydney, Australia	

Prices in effect July 5, 1909. Subject to change without notice.

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TRADE-MARK

GUARANTEES  
QUALITY

## SPALDING Gymnasium Apparatus

**M**ANY years' experience is behind Spalding Gymnasium Apparatus. The most thoroughly equipped and largest plant of its kind in the world makes possible the highest grade of apparatus at the lowest cost of manufacture.

Apparatus of the highest grade—Spalding—insures safety to the users, saves the necessity of constant supervision of parts, gives freedom from worry and adds valuable time to the day's programme, does not "eat its head off" in repairs, gives by its durability many years of added service, and proves itself a valuable investment.

Every piece of Spalding apparatus is manufactured and sold under the Spalding Guarantee, and the Spalding Guarantee for 30 years has meant something.

To those contemplating the purchase of Gymnasium Apparatus we solicit a careful comparison of quality. The quality of apparatus selected is a potential factor in the success of the gymnasium.

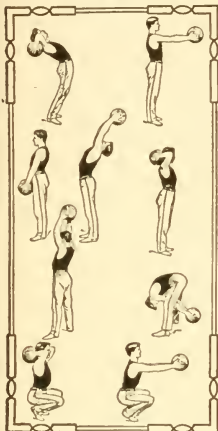
We will be glad to prepare plans and submit suggestions for college, playground or private equipments. Our experience, knowledge and facilities are freely offered to anyone interested.

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**A. G. SPALDING & BROS., Inc.**  
Gymnasium Contract Department **CHICOPEE, MASS.**

THE SPALDING TRADE-MARK IS PLACED UPON EVERY GENUINE SPALDING ARTICLE. ACCEPT NO SUBSTITUTE.



### Spalding Improved Medicine Balls



Weigh from four to nine pounds. The covering is of selected tan leather, sewn in the same manner as our foot balls. Quality throughout has been much improved and the balls as now made are extremely durable. The exercise consists of throwing ball to one another, and the catching of it develops the chest, exercises the back, arms, legs; in fact, improves the whole system.

No. 11. 4-lb. ball. . . Each, **\$5.00**  
No. 12. 6-lb. ball. . . " **6.00**  
No. 13. 9-lb. ball. . . " **7.00**

### Home Apparatus

"One of the aims of physical training is to make exercise interesting and enjoyable. To be beneficial in the highest sense it must be recreative. Particularly is this true of physical exercise for business men. As a class, in their daily work they are kept on a constant mental strain. Besides, they are, to a large degree, physically inactive. Life becomes too intense, too serious, too sordid. Exercise, therefore, for business men, must be largely recreative, relaxing and restful."—*Extract from Spalding Athletic Library, No. 262* — "*Exercises with the Medicine Ball.*"

### Spalding Rubber Quoits



These quoits are of durable quality and should not be compared to the many worthless imitations whose only recommendation is cheapness. Made of best Para rubber. For indoor or outdoor use. Four quoits to set.

No. 5. Per set, **\$2.00**

### Spalding Loaded Rubber Quoits

Will not slide or roll. Weigh about 5 pounds to a set. Specially adapted for indoor use. Four to a set.

No. 6. Per set, **\$3.00**

### Spalding Indoor Quoit Pins

No. J. Made with floor plate and detachable pin, which can be unscrewed when not in use, leaving plate flush with floor. Per pair, **75c.**

### Spalding Japanned Iron Quoits



No. 1. 4½ in. diameter, 1½ lbs. Set of four, **\$ .60**  
No. 2. 4½ in. diameter, 2 lbs. " " **.75**  
No. 3. 5 in. diameter, 2½ lbs. " " **.90**  
No. 4. 6 in. diameter, 3 lbs. " " **1.25**  
No. W. Wrought Iron Pins. Per pair, **.30**

### Spalding Official Iron Quoits



Made to conform exactly to official rules. Malleable iron, 8½ inches in diameter, with hand clasp, as shown in cut.

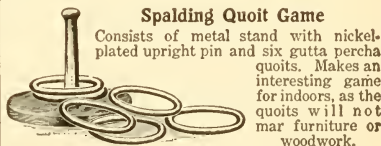
No. O. Official Quoits. Per set of four, **\$10.00**

### Spalding Official Quoit Pins

Measure 36 inches long by 1 inch in diameter, and are made so that referee can take measurements without difficulty.

No. X. Steel Pins. Per pair, **\$2.00**

### Spalding Quoit Game



Consists of metal stand with nickel-plated upright pin and six gutta percha quoits. Makes an interesting game for indoors, as the quoits will not mar furniture or woodwork.

No. Q. Quoit Game, Complete, **\$3.00**

No. QR. Rings same as furnished with No. Q Quoit Game. Each, **25c.**

Communications addressed to

**A. G. SPALDING & BROS.**

In any of the following cities will receive attention.

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			London, England	Edinburgh, Scotland	Sydney, Australia	

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THE SPALDING



TRADE-MARK

QUALITY

THE SPALDING TRADE-MARK IS PLACED UPON EVERY GENUINE SPALDING ARTICLE. ACCEPT NO SUBSTITUTE.

### Home Apparatus

"It is not so important to have big muscles as it is to have good digestion; it is not so important to have powerful muscles as it is to have a strong, regular heart; it is not so important to have great skill with one's muscles as to have good lungs and kidneys."—*Extract from Spalding Athletic Library No. 161*—"Ten Minutes' Exercise for Busy Men."

The value of a few minutes' exercise daily with scientific and properly designed apparatus, is rapidly becoming apparent to the vast number of business men who find it simply impossible to take regular outdoor exercise.

### Spalding Exhibition Clubs

Handsomely finished in ebonite and made for exhibition and stage purposes. The clubs are hollow, with a large body, and although extremely light, represent a club weighing three pounds or more.

No. A. Ebonite finish. **\$3.50**  
No. AA. With German Silver Bands. . Per pair, **\$5.00**



No. A No. AA

### Spalding

### Indian Club and Dumb Bell Hangers

MADE OF IRON AND NICELY JAPANNED

No. 1. For Indian Clubs or Dumb Bells.

Per pair, **16c.**

No. 1M. For Indian Clubs or Dumb Bells, mounted on oak strips.



No. 1

Per pair, **25c.**

### Spalding Gold Medal Indian Clubs

Natural Color, Lathe Polished, High Finish

Spalding Gold Medal Indian Clubs are made of selected first grade clear maple, in two popular models and are perfect in balance. Each club bears fac-simile of the Spalding Gold Medal. Each pair is wrapped in paper bag.

#### MODEL E

Weights specified are for each club.

PAIR		PAIR	
$\frac{1}{2}$ lb.	\$ .60	$1\frac{1}{2}$ lb.	\$ .80
$\frac{3}{4}$ lb.	.60	2 lb.	1.00
1 lb.	.70	3 lb.	1.20



Model E

#### MODEL B

Weights specified are for each club.

PAIR		PAIR	
$\frac{1}{2}$ lb.	\$ .50	$1\frac{1}{2}$ lb.	\$ .60
$\frac{3}{4}$ lb.	.50	2 lb.	.70
1 lb.	.55	3 lb.	1.00



Model B

### Spalding Trade-Mark Indian Clubs

Stained Finish

The following clubs bear our Trade-Mark, are made of good material, and are far superior in shape and finish to the best clubs of other makes. Furnished in two popular models. Each pair wrapped in paper bag.

#### MODEL ES

Weights specified are for each club.

PAIR	
$\frac{1}{2}$ lb.	<b>35c.</b>
$\frac{3}{4}$ lb.	<b>35c.</b>
1 lb.	<b>40c.</b>
$1\frac{1}{2}$ lb.	<b>50c.</b>
2 lb.	<b>60c.</b>
3 lb.	<b>70c.</b>

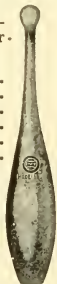


Model ES

#### MODEL BS

Weights specified are for each club.

PAIR	
$\frac{1}{2}$ lb.	<b>30c.</b>
$\frac{3}{4}$ lb.	<b>30c.</b>
1 lb.	<b>35c.</b>
$1\frac{1}{2}$ lb.	<b>45c.</b>
2 lb.	<b>55c.</b>
3 lb.	<b>65c.</b>



Model BS



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**A. G. SPALDING & BROS.**

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Washington  
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New Orleans  
Canada

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Minneapolis  
St. Paul

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## Spalding Gold Medal Wood Dumb Bells

Natural Color, Lathe Polished, High Finish

Spalding Gold Medal Dumb Bells are made of selected first grade clear maple, and are perfect in balance. Each bell bears fac-simile of the Spalding Gold Medal. Each pair is wrapped in paper bag. Weights specified are for each bell.

$\frac{1}{2}$  lb.      $\frac{3}{4}$  lb.     1 lb.      $1\frac{1}{2}$  lb.     2 lb.  
Pair, 40c.   45c.   50c.   55c.   65c.



Model A

## Spalding Trade-Mark Wood Dumb Bells

Stained Finish

Spalding Trade-Mark quality. Made of good material and superior in shape and finish to the best wood dumb bells of other makes. Each pair wrapped in paper bag. Weights specified are for each bell.

$\frac{1}{2}$  lb.      $\frac{3}{4}$  lb.     1 lb.      $1\frac{1}{2}$  lb.     2 lb.  
Pair, 30c.   30c.   35c.   45c.   55c.



Model AW

## Spalding Iron Dumb Bells

Made on approved models, nicely balanced and finished in black enamel.

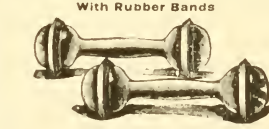
Sizes 2 to 40 pounds, 6c. | Over 40 pounds, . . . 8c.  
Bar Bells, any weight, wrought iron handles, any length made specially. . . . . Pound, 10c.

## Spalding Nickel-Plated Dumb Bells | Spalding Nickel-Plated Dumb Bells

With Rubber Bands



Nickel-plated and polished.  
1N. 1 lb. \$ .25     4N. 4 lb. \$ .75  
2N. 2 lb. .50     5N. 5 lb. 1.00  
3N. 3 lb. .65



Nickel-plated and polished.  
1B. 1 lb. \$ .65     3B. 3 lb. \$1.00  
2B. 2 lb. .75     4B. 4 lb. 1.15  
5B. 5 lb. 1.25

## Savage Bar Bell—Especially designed by DR. WATSON L. SAVAGE.

$\frac{1}{2}$ -inch in diameter, producing a vibratory exercise, similar to that obtained with the French wand. . . . . Model S. Has large pear shaped ends with a flexible hickory shaft  
Per dozen, \$6.00

## Spalding

## Ash Bar Bells

No. 2. Selected material, highly polished, 5 feet long. . . . . Per dozen, \$5.00

## Spalding School Wand

## Spalding Calisthenic Wand

No. 3.  $3\frac{1}{2}$  feet long. Made of straight grain maple. . . . . Per dozen, \$1.30

No. 4.  $4\frac{1}{2}$  feet long. 1 inch diameter. . . . . Per dozen, \$1.60

Communications  
addressed to

**A. G. SPALDING & BROS.**

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cities will receive attention.

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TRADE-MARK

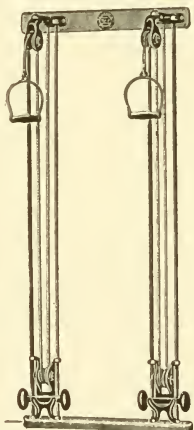
GUARANTEES  
QUALITY

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# Spalding Home Apparatus

Exercise acts on the health of an individual in the same way as the draught does on the fire in a furnace. Pile on the coal and shut off the draught and you kill the fire. Continue to eat heavy meals and take no exercise and your health will be affected, not because of the food you have eaten so much as on account of the lack of exercise. A little exercise is all that is necessary to keep you in good condition. Some rational, pleasant and interesting exercise, persisted in with regularity and, preferably, with Spalding Home Apparatus, will help you to retain your health.

## Spalding Chest Weight No. 2



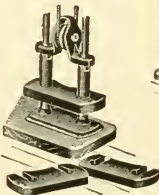
An ideal machine for home use. Well made and easy running. Rods are  $\frac{3}{8}$ -inch coppered spring steel. Bearings are hardened steel cone points running in soft, gray iron, noiseless and durable. Weight carriage packed with felt, good for long wear, but easily removed and replaced when necessary without the use of glue or wedges of any kind. Weight carriage strikes on rubber bumpers. Weights are 5-pound iron dumb-bells, one to each carriage, and may be removed and used as dumb bells. Wall and floor boards are hard wood, nicely finished and stained. All castings heavily japanned. Every part of machine guaranteed free of defect.

No. 2. Each, \$5.00

## Spalding Chest Weight No. 12

We have just added this very well made machine to our line. Cast iron parts are all nicely japanned. The wheels are iron, turned true on centers, and have hardened steel cone point bearings. The guide rods are spring steel, copper-plated. The weight carriage has removable felt bushings, noiseless and durable. Each handle is equipped with 10 lbs. of weights.

No. 12. Each, \$10.00



Showing important details of  
Construction of No. 12 Machine.



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		Columbus	Detroit
			San Francisco
			Seattle
			Minneapolis
			St. Paul

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# Whitely Exercisers

No. 3. Whitely "Special" and "Anderson's Physical Education." Complete in box, with charts, door hinge attachment and package of hooks. Choice of heavy, medium or light cable. Improved in quality and finish. Each, **\$5.00**

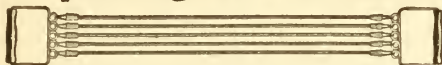
No. 2A. Whitely "Athlete" and "Anderson's Physical Education." Made with extra large, finely finished rosewood pulleys, self-oiling bearings, very light and strong throughout. Recommended for gymnasium and for strong men. Each, **\$3.50**

No. 1. Whitely "Standard" and "Anderson's Physical Education." Complete in box, with door hinge attachment and package of hooks. Choice of either heavy, medium, light or child's cable. Each, **\$2.00**

No. 0. Whitely "Vim" and Charts. Complete in box, with door hinge attachment and package of hooks. Choice of heavy, medium, light or child's cable. Each, **\$1.50**  
With "Anderson's Physical Education." 25c. extra.

No. 00. Whitely "Ideal." Good quality, with three wood pulleys, regular attachment. Medium or light cable. **\$1.00**

## Spalding Health Pull



Formed of five cords of heavy elastic, durable in quality. Has two handles, one at each end, and strength may be varied by using with different numbers of cords. A very beneficial article of exercise.

No. HP. Spalding Health Pull. Each, **\$1.50**

## The Spalding Elastic Home Exerciser

It is readily attached to door frame, window casing or any convenient place in room, is absolutely noiseless, takes up very little space, and can be quickly removed when not in use.

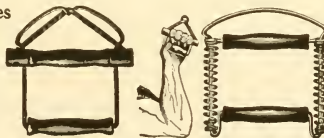
No. 1H. Heavy Tension Elastic. Each, **75c.**

No. 2M. Medium Tension Elastic. " **75c.**

No. 3L. Light Tension Elastic. " **50c.**

## Wrist Machines

Strengthens and develops fingers, hands, wrists, arm and forearm. Cures cramps and stiffness of the joints.



No. 1

No. 3

No. 1. Elastic cord, wood handle. Each, **25c.**

No. 2. Elastic cord, cork handle. " **50c.**

No. 3. Metal springs, wood handle. " **25c.**

## Extra Cables, Complete with Swivel Ends, for Whitely Exercisers.

Cables are packed each in individual tubes, convenient for handling or mailing. This also keeps the rubber from the light and air. When not specified, medium tension will be sent.

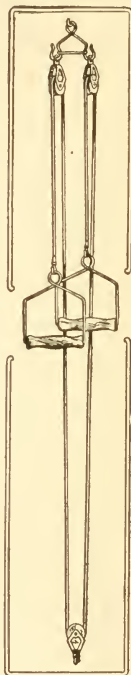
Style 00. For "Ideal" Whitely Exerciser. Choice of either light or medium tension. Each, **70c.**

Style 0. For "V" Whitely Exerciser. Choice of either light, medium or heavy tension. Each, **90c.**

Style 1. For "Standard" Whitely Exerciser. Choice of either light, medium or heavy tension. **\$1.00**

Style 2A. For "Athlete" Whitely Exerciser. Each, **\$1.50**

Style 3. For "Special" Whitely Exerciser. Choice of light, medium, heavy or extra heavy tension. **\$1.50**



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Chicago Cincinnati Cleveland Columbus	St. Louis Kansas City Denver Detroit	San Francisco Seattle Minneapolis St. Paul	



THE SPALDING TRADE-MARK  
GUARANTEES QUALITY ACCEPT NO SUBSTITUTE



REG. U. S. PAT. OFF.

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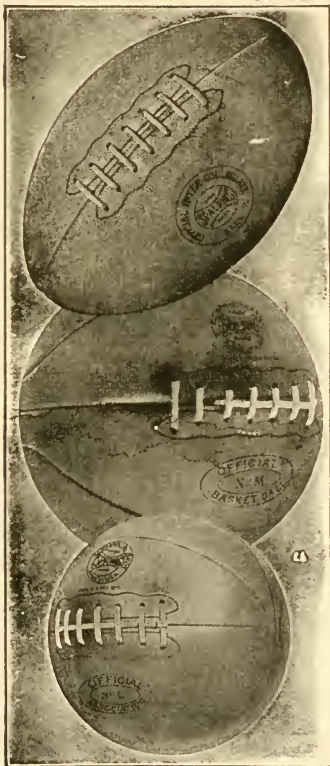
Edinburgh  
Scotland

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### The Spalding Official Intercollegiate Foot Ball

**No. J5.** This is the **only** Official Rugby Foot Ball, and is used in every important match played in America. Guaranteed absolutely if seal of box is unbroken. We pack, with leather case and pure Para rubber bladder, an inflater, lacing needle and rawhide lace. Complete, **\$5.00**

### The Spalding Official Basket Ball

**No. M.** Officially adopted and standard. The cover is made in four sections, with capless ends and of the finest and most carefully selected pebble grain English leather. We take the entire output of this high grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. The bladder is made specially for this ball of extra quality Para rubber. Each ball packed complete in sealed box. Complete, **\$6.00**

### The Spalding Official Association Foot Ball

**No. L.** The case is constructed in four sections with capless ends, neat in appearance and very serviceable. Material and workmanship of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with pure Para rubber guaranteed bladder, foot ball inflater, rawhide lace and lacing needle. Contents guaranteed if seal is unbroken. Complete, **\$5.00**

Communications addressed to

**Montreal  
Canada**

**A. G. SPALDING & BROS**

**London  
England**

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**Cincinnati  
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**San Francisco  
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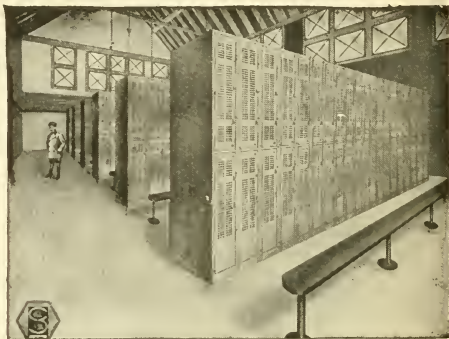
QUALITY

# Durand-Steel Lockers

**Wooden lockers are objectionable**, because they attract vermin, absorb odors, can be easily broken into, and are dangerous on account of fire.

**Lockers made from wire mesh or expanded metal afford little security**, as they can be easily entered with wire cutters. Clothes placed in them become covered with dust, and the lockers themselves present a poor appearance, resembling animal cages.

**Durand-Steel Lockers** are made of finest grade furniture steel and are finished with gloss black, furnace-baked japan (400°), comparable to that used on hospital ware, which will never flake off nor require refinishing, as do paints and enamels.



Some of the 6,000 Durand-Steel Lockers installed in the Public Gymnasiums of Chicago. 12'x 15'x 42", Double Tier.

**Durand-Steel Lockers** are usually built with doors perforated full length in panel design with sides and backs solid. This prevents clothes in one locker from coming in contact with wet garments in adjoining lockers, while plenty of ventilation is secured by having the door perforated its entire length, but, if the purchaser prefers, we perforate the backs also.

**The cost of Durand-Steel Lockers is no more than that of first-class wooden lockers**, and they last as long as the building, are sanitary, secure, and, in addition, are fire-proof.

THE FOLLOWING STANDARD SIZES ARE  
THOSE MOST COMMONLY USED:

DOUBLE TIER	SINGLE TIER
12 x 12 x 36 Inch	12 x 12 x 60 Inch
15 x 15 x 36 Inch	15 x 15 x 60 Inch
12 x 12 x 42 Inch	12 x 12 x 72 Inch
15 x 15 x 42 Inch	15 x 15 x 72 Inch

SPECIAL SIZES MADE TO ORDER.

We are handling lockers as a special contract business, and shipment will in every case be made direct from the factory in Chicago. If you will let us know the number of lockers, size and arrangement, we shall be glad to take up, through correspondence, the matter of prices.



Six Lockers in Double Tier



Three Lockers in Single Tier

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Denver

San Francisco  
Kansas City  
Minneapolis  
Seattle

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# THE following index from Spalding's latest Catalogues will give an idea of the great variety of Athletic Goods manufactured by A. G. Spalding & Bros.

Ankle Brace, Skato  
Archery  
Ash Bars  
Athletic Library  
Attachments, Chest Weight

Bags, Bathing Suit  
Bags, Caddy  
Bags, Cricket  
Bags, Uniform  
Balls, Base  
Balls, Basket  
Ball Cleaner, Golf  
Balls, Cricket  
Balls, Golf  
Balls, Playground  
Balls, Squash  
Balls, Tennis  
Bandages, Elastic  
Bar Bells  
Bar Stalls  
Bars, Parallel  
Bases, Base Ball  
Bases, Indoor  
Basket Ball Wear  
Bathing Suits  
Bats, Base Ball  
Bats, Cricket  
Bats, Indoor  
Batting Cage, Base Ball  
Belts  
Bladders, Basket Ball  
Bladders, Foot Ball  
Bladders, Striking Bags  
Blades, Fencing  
Blouses, Umpire  
Boxing Gloves

Caddy Badges  
Caps, Base Ball  
Caps, University  
Caps, Skull  
Center Forks, Iron  
Center Straps, Canvas  
Chest Weights  
Coats, Base Ball  
Collars, Swimming  
Combination Uniforms  
Corks, Running  
Croquet Goods  
Crown Bars

Discus, Olympic  
Disks, Marking  
Disks, Rubber Golf  
Disks, Striking Bag  
Dumb Bells

Emblems  
Equestrian Polo  
Exerciser, Home  
Exhibition Clubs

Fencing Sticks  
Field Hockey  
Finger Protection  
Flags, College  
Flags, Marking  
Foils, Fencing  
Foot Balls, Association  
Foot Balls, Rugby  
Foot Ball Goal Nets  
Foot Ball Timer  
Foul Flags

Gloves, Base Ball  
Gloves, Cricket  
Gloves, Fencing  
Gloves, Golf  
Gloves, Handball  
Gloves, Hockey  
Glove Softener  
Goals, Basket Ball  
Goal Cage, Polo  
Goals, Foot Ball  
Goals, Hockey  
Golf Clubs  
Golf Counters  
Gollette  
Grips, Athletic  
Grips, Golf  
Guy Ropes and Pegs  
Gymnasium, Home  
Gymnasium Board, Home

Hammers, Athletic  
Handbells  
Handle Cover, Rubber  
Hangers for Indian Clubs  
Hats, University  
Head Harness  
Health Pull  
Hob Nails  
Hockey Sticks  
Hole Cutter, Golf  
Hole Rim, Golf  
Horizontal Bars  
Hurdles, Safety

Indoor Base Ball  
Indian Clubs  
Inflaters, Foot Ball  
Inflaters, Striking Bag  
Jackets, Fencing  
Jackets, Foot Ball  
Jackets, Swimming  
Jerseys

Knee Protectors  
Knickerbockers, Foot Ball  
Lace, Foot Ball  
Lanes for Sprints  
Lawn Bowls  
Leg Guards, Cricket  
Leg Guards, Foot Ball  
Leg Guards, Hockey  
Leg Guards, Polo  
Letters, Embroidered  
Letters, Woven  
Lockers, Durand-Steel

Mallet, Cricket  
Markers, Tennis  
Masks, Base Ball  
Masks, Fencing  
Masks, Nose  
Masseur, Abdominal  
Mattresses  
Medicine Balls  
Megaphones  
Mitts, Base Ball  
Mitts, Handball  
Mitts, Striking Bag  
Moccasins  
Mouthpiece, Foot Ball  
Needle, Lacing  
Nets, Tennis  
Net, Volley Ball  
Numbers, Competitors

Pad, Chamois, Fencing  
Pads, Foot Ball  
Palat, Golf  
Pants, Base Ball  
Pants, Basket Ball  
Pants, Boys' Knee  
Pants, Foot Ball  
Pants, Hockey  
Pants, Roller Polo  
Pants, Running  
Pistol, Starter's  
Plastrons, Fencing  
Plates, Base Ball Shoe  
Plates, Home  
Plates, Marking  
Plates, Pitchers' Box  
Plates, Teeing  
Platforms, Striking Bag  
Poles, Ski  
Poles, Vaulting  
Polo, Roller, Goods  
Protector, Abdomen  
Protector, Elbow  
Protector, Polo  
Protection for Running Shoes  
Pucks, Hockey  
Push Ball  
Pushers, Chamois  
Puttees, Golf

Quantity Prices  
Quits

Racket Covers  
Rackets, Lawn Tennis  
Racket Presses  
Rackets Restrung  
Rapiers  
Reels for Tennis Posts  
Relerers' Horns  
Relerers' Whistle  
Rings, Exercising  
Rings, Swimming  
Rowing Machines  
Roque

Scabbards for Skates  
Score Board, Golf  
Score Books, Base Ball  
Score Books, Basket Ball  
Score Books, Cricket  
Score Books, Golf  
Score Books, Tennis  
Scoring Tablets, Base Ball  
Seven-Foot Circle  
Shin Guards, Association  
Shin Guards, Rugby  
Shin Guards, Hockey  
Shin Guards, Polo  
Shirts, Base Ball  
Shirts, Basket Ball  
Shirts, Sleeveless  
Shoes, Base Ball  
Shoes, Basket Ball  
Shoes, Bowling  
Shoes, Cross Country  
Shoes, Cricket  
Shoes, Fencing  
Shoes, Foot Ball, Association  
Shoes, Foot Ball, Rugby  
Shoes, Golf  
Shoes, Gymnasium  
Shoes, Jumping  
Shoes, Running

Shoes, Skating  
Shoes, Squash  
Shoes, Tennis  
Shot, Indoor  
Shot, Massage  
Skate Bags  
Skates, Hockey  
Skate Holders  
Skates, Ice  
Skates, Racing  
Skates, Rink, Ice  
Skate Rollers  
Skates, Roller  
Skates, Tubular  
Skate Straps  
Skis  
Sleeve Bands, College  
Slippers, Bathing  
Snow Shoes  
Squash Goods  
Standards, Vaulting  
Standards, Volley Ball  
Starters' Pistol  
Steel Cable  
Sticks, Polo  
Stockings  
Stop Boards  
Striking Bags  
Studs, Golf  
Stumps and Balls  
Suits, Union, Foot Ball  
Supporters  
Supporters, Ankle  
Supporters, Wrist  
Suspensories  
Sweaters  
Swimming Suits  
Swivel Striking Bags  
Swords, Fencing  
Swords, Duelling  
Tackling Machine  
Take off Board  
Tapes, Adhesive  
Tapes, Marking  
Tapes, Measuring  
Tees, Golf  
Tennis Posts  
Tether Tennis  
Tights  
Toboggans  
Toboggan Cushions  
Toboggan Toe Caps  
Toe Boards  
Toques  
Trapeze, Adjustable  
Trapeze, Single  
Trousers, A. M. C. A.  
Trunks, Bathing  
Trunks, Velvet  
Trunks, Worsted  
Umpire Indicator  
Uniforms, Base Ball  
Varnish for Gut  
Volley Balls  
Water Polo Ball  
Wands, Calisthenic  
Watches, Sipp  
Water Wings  
Weights, 56-lb.  
Whistles, Referees  
Whitely Exerciser  
Wrist Machine

# Standard Policy

A Standard Quality must be inseparably linked to a Standard Policy.

Without a definite and Standard Mercantile Policy, it is impossible for a manufacturer to long maintain a Standard Quality.

To market his goods through the jobber, a manufacturer must provide a profit for the jobber as well as the retail dealer. To meet these conditions of Dual Profits, the manufacturer is obliged to set a proportionately high list price on his goods to the consumer.

To enable the glib salesman, when booking his orders, to figure out attractive profits to both the jobber and retailer, these high list prices are absolutely essential; but their real purpose will have been served when the manufacturer has secured his order from the jobber, and the jobber has secured his order from the retailer.

However, these deceptive high list prices are not fair to the consumer, who does not, and, in reality, is not ever expected to pay these fancy list prices.

When the season opens for the sale of such goods, with their misleading but alluring high list prices, the retailer begins to realize his responsibilities, and grapples with the situation as best he can, by offering "special discounts," which vary with local trade conditions.

Under this system of merchandising, the profits to both the manufacturer and the jobber are assured; but as there is no stability maintained in the prices to the consumer, the keen competition amongst the local dealers invariably leads to a demoralized cutting of prices by which the profits of the retailer are practically eliminated.

This demoralization always reacts on the manufacturer. The jobber insists on lower, and still lower, prices. The manufacturer in his turn, meets this demand for the lowering of prices by the only way open to him, viz.: the cheapening and degrading of the quality of his product.

The foregoing conditions became so intolerable that, ten years ago, in 1899, A. G. Spalding & Bros. determined to rectify this demoralization in the Athletic Goods Trade, and inaugurated what has since become known as "The Spalding Policy."

The "Spalding Policy" eliminates the jobber entirely, so far as Spalding Goods are concerned, and the retail dealer secures his supply of Spalding Athletic Goods direct from the manufacturer under a restricted retail price arrangement by which the retail dealer is assured a fair, legitimate and certain profit on all Spalding Athletic Goods, and the consumer is assured a Standard Quality and is protected from imposition.

The "Spalding Policy" is decidedly for the interest and protection of the users of Athletic Goods, and acts in two ways:

FIRST—The user is assured of genuine Official Standard Athletic Goods, and the same fixed prices to everybody

SECOND—As manufacturers, we can proceed with confidence in purchasing at the proper time, the very best raw materials required in the manufacture of our various goods, well ahead of their respective seasons, and this enables us to provide the necessary quantity and absolutely maintain the Spalding Standard of Quality.

All retail dealers handling Spalding Athletic Goods are required to supply consumers at our regular printed catalogue prices—neither more nor less—the same prices that similar goods are sold for in our New York, Chicago and other stores.

All Spalding dealers, as well as users of Spalding Athletic Goods, are treated exactly alike, and no special rebates or discriminations are allowed to anyone.

Positively, nobody; not even officers, managers, salesmen or other employes of A. G. Spalding & Bros., or any of their relatives or personal friends, can buy Spalding Athletic Goods at a discount from the regular catalogue prices.

This, briefly, is the "Spalding Policy," which has already been in successful operation for the past ten years, and will be indefinitely continued.

In other words, "The Spalding Policy" is a "square deal" for everybody.

A. G. SPALDING & BROS.

By *A. G. Spalding*  
PRESIDENT.

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# Standard Quality

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An article that is universally given the appellation "**Standard**" is thereby conceded to be the Criterion, to which are compared all other things of a similar nature. For instance, the Gold Dollar of the United States is the Standard unit of currency, because it must legally contain a specific proportion of pure gold, and the fact of its being Genuine is **guaranteed** by the Government Stamp thereon. As a protection to the users of this currency against counterfeiting and other tricks, considerable money is expended in maintaining a Secret Service Bureau of Experts. Under the law, citizen manufacturers must depend to a great extent upon Trade-Marks and similar devices to protect themselves against counterfeit products—without the aid of "Government Detectives" or "Public Opinion" to assist them.

Consequently the "Consumer's Protection" against misrepresentation and "inferior quality" rests entirely upon the integrity and responsibility of the "Manufacturer."

A. G. Spalding & Bros. have, by their rigorous attention to "Quality," for thirty-three years, caused their Trade-Mark to become known throughout the world as a Guarantee of Quality as dependable in their field as the U. S. Currency is in its field.

The necessity of upholding the guarantee of the Spalding Trade-Mark and maintaining the Standard Quality of their Athletic Goods, is, therefore, as obvious as is the necessity of the Government in maintaining a Standard Currency.

Thus each consumer is not only insuring himself but also protecting other consumers when he assists a Reliable Manufacturer in upholding his Trade-Mark and all that it stands for. Therefore, we urge all users of our Athletic Goods to assist us in maintaining the Spalding Standard of Excellence, by insisting that our Trade-Mark be plainly stamped on all athletic goods which they buy, because without this precaution our best efforts towards maintaining Standard Quality and preventing fraudulent substitution will be ineffectual.

Manufacturers of Standard Articles invariably suffer the reputation of being high-priced, and this sentiment is fostered and emphasized by makers of "inferior goods," with whom low prices are the main consideration.

A manufacturer of recognized Standard Goods, with a reputation to uphold and a guarantee to protect, must necessarily have higher prices than a manufacturer of cheap goods, whose idea of and basis for a claim for Standard Quality depends principally upon the eloquence of the salesman.

We know from experience that there is no quicksand more unstable than poverty in quality—and we avoid this quicksand by Standard Quality.

*A. G. Spalding & Bros.*

# SPALDING'S

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and is Official and Standard  
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GRAND PRIX



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EDINBURGH, SCOTLAND

ST. PAUL

SYDNEY, AUSTRALIA

MONTREAL, CANADA

Factories owned and operated by A. G. Spalding & Bros. and where all of Spalding's  
Trade-Marked Athletic Goods are made are located in the following cities:

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SAN FRANCISCO

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